

This report was conducted in collaboration with the Lenoir County Health Department, UNC Lenoir Health Care, and the Lenoir County Alliance for a Healthy Community.

PUBLIC HEALTH



Contact Information & Dissemination of CHNA

The Lenoir County Health Department is located on 201 North McLewean St. Kinston, NC 28501 and can be reached by phone at (252) 526-4200.

An electronic copy of this report is available at <u>www.unclenoir.org</u> and http://lenoircountync.gov/health-department/.

Paper copies of this report are available at the local Public Library and upon request at any partnering agency. Prior CHNA documents can be found at www.unclenoir.org.

Persons requesting a CHNA in a language other than English should contact UNC Lenoir Health Care at (252) 522-7028.

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Acknowledgements

This report was conducted in collaboration with the Lenoir County Health Department, UNC Lenoir Health Care, and the Lenoir County Alliance for a Healthy Community.

Executive Summary

Vision Statement

The Mission of the Lenoir County Health Department is to:

- assess community health status
- provide health services that may not be provided elsewhere to minimize the threat of communicable disease
- promote wellness for the people who live in Lenoir County through education
- protect the environment, health, and well-being of our residents through regulations and enforcement of applicable laws and rules
- promote and continue the development of emergency public health preparedness and response planning.

The Strategic Planning Team envisions an agency that strives to meet the following:

- maintain accreditation standards
- provide services driven by community need
- develop and retain a well-trained staff
- have a positive image in the community
- improve health outcomes and quality of life
- provide health information and health promotion
- be fiscally responsible
- communicate and collaborate in the community
- utilize best public health practices
- implement new technologies for efficiency and effectiveness
- develop comprehensive emergency public health preparedness and response plans
- pursue funding to support and improve services
- be team oriented

Collaborative Process Summary

Lenoir County Hospital / Health Department / Health Center / Collaborative

The hospital, health center, and health department located in Lenoir County are responsible for the Community Health Needs Assessment (CHNA) process; however, it is completed in conjunction with the Lenoir County Alliance for a Healthy Community. Organizations and individuals represented in the Lenoir County CHNA Planning/Review committee and working groups included the following:

- Lenoir County Alliance for a Healthy Community
- UNC Lenoir Health Care
- Lenoir County Public Schools
- Lenoir Community College

- Lenoir County Department of Social Services
- Lenoir County Board of Health
- Kinston Housing Authority
- Kinston-Lenoir County Public Library

- Lenoir County Cooperative Extension Agency
- Business Community (retail/commercial)
- Political/elected representatives (County Commissions; Town of La Grange; City of Kinston; Town of Pink Hill)
- Healthcare/medical providers
- Faith Community
- Non-profit Organizations/CBOs
- Lenoir County Health Department
- Kinston Community Health Center, Inc.
- Lenoir County Council of Aging
- Lenoir County Emergency
 Management/Emergency Medical

 Services

- Pride of Kinston
- Kinston/Lenoir Chamber of Commerce
- Eastpointe (LME, Mental Health)
- Lenoir/Greene Partnership for Children (SmartStart)
- Kinston NAACP
- Kinston Public Safety
- AmeriCorps
- Parents as Teachers
- Boys and Girls Club Lenoir County Unit
- NC Vocational Rehab
- NC State Veterans Home
- Young Women's Outreach Center
- Safe Kids of Eastern North Carolina
- Eastern Pregnancy Care

The Lenoir County Alliance for a Healthy Community is an umbrella community coalition that seeks to improve the quality of life through promoting healthy living for all residents in Lenoir County by partnering with private, public, grassroots organizations and individual citizens. This group encourages a healthier community through facilitation of increased knowledge of community resources and initiatives, utilizing networking and collaboration to decrease barriers for an optimally healthy community.

Community Health Team Structure

The Lenoir County Health Department has a long-standing partnership/collaboration with UNC Lenoir Health Care in conducting the required CHNAs. The two agencies have worked together and conducted CHNAs for 2003, 2007, 2011, 2014, 2017, and 2018. Recent IRS guidelines now dictate that non-profit hospitals must conduct a community health needs assessment on a three-year cycle as part of their community benefits requirement and must partner with the local health department in that process. The health department has adopted a three-year CHA cycle to coincide with the hospital's schedule. The existing collaboration for Community Health Needs Assessment over the past years has been a strong one for the Health Department and Hospital. With the addition of the Kinston Community Health Center, a Federally Qualified Health Center (FQHC), the 2017 CHNA became a triad partnership that has benefited the process even more.

Key Findings

The Lenoir County Health Department Health Education Unit identified ten topic areas by comparing data scored highly among the Health ENC Data Findings, Healthy NC (HNC) 2030 Indicators, and the Conduent Healthy Communities Institute (HCI) Data platform.

These three data platforms help shape priorities used in the CHNA cycle.

The top identified indicators are:

- 1. Wellness & Lifestyle
- 2. Prevention & Safety
- 3. Community
- 4. Maternal, Fetal & Infant Health
- 5. Cancer
- 6. Economy
- 7. Heart Disease
- 8. Mortality Data
- 9. Mental Health & Mental Disorders
- 10. Immunizations & Infectious Diseases

1. Wellness & Lifestyle

- <u>Health ENC</u> no comparison
- <u>HCI</u> Score 2.30 (highest overall score)
- HNC 2030 no comparison

2. Prevention & Safety – Deaths due to Firearms, Unintentional Injuries, Unintentional Poisonings

- Health ENC Community Responses: Violent Crime (murder, assault), theft (16.8%), Drugs/alcohol (substance abuse) (14%)
- HCI Score 2.28 (2[™] highest)
- HNC 2030 2018 Violent crime rate in Lenoir (490.9) NC (356.6); Property Crime in Lenoir (2,901.5) NC (2,406.6), 2014-2018 Unintentional Injuries in Lenoir (34.9) NC (37.0), 2015-2019 Poisonings in Lenoir (15.5) NC (18.8)

3. Community – Transportation

- Health ENC Community responses: Transportation (5.11%)
- HCI Score 1.94 (11th)
- HNC 2030 Means of Transportation to Work in Lenoir (2015-2019). Estimated Number: Total: 22,447, Car, truck, or van: 21,302; Drive Alone: 18,125; Carpooled: 3,177; Public Transportation: 156 (Bus: 122); Walked: 270; Worked from Home: 394; Bicycle: 84; Taxicab: 29; Ferryboat: 34; Other Means: 131

4. Maternal, Fetal, & Infant Health

- Health ENC no comparison
- HCI Score 2.06 (4th highest)
- HNC 2030 Low Birth Weights in Lenoir (10.7%) NC (9.2%), Very Low in Lenoir (2%) NC (1.7) Fetal Deaths rate in Lenoir (8.7) NC (6.9)

5. Cancer

- <u>Health ENC</u> Rated 2[™] Leading Cause of Death
- HCI Score 2.04 (5th highest score)
- HNC 2030 739 deaths; rate 184.2 (2014-2018), 1,997 cases; rate 511.5 (2012-2016)

6. Economy - Poverty, Housing, Income, Government Assistance, Food Insecurity, Employment

- Health ENC According to survey responses: Low income/poverty (25%), Poor housing conditions (6.5%), Lack of affordable housing (5.4%),
- HCI score 2.03 (4th highest)
- HNC 2030 Poverty Status in the last 12 months. Under 5 years old (41%), 5-17 years old (40%), 18-34 years old (28%), 35-64 years old (16.9%), 60 years and older (13%), 65+ (11.8%)
 Median Income per Household in Lenoir (\$39,402) NC (\$54,602)

7. Heart Disease & Stroke

- Health ENC #1 leading cause of death in Lenoir
- <u>HCI</u> Score 2.00 (7th highest)
- HNC 2030 2014-2018 Deaths in Lenoir (835) rate (207.9)

8. Mortality Data – Opioid-Involved Overdose and Premature Death

- Health ENC Community responses: Drugs/alcohol (substance abuse) (14%)
- HCI Score 2.00 (8th highest)
- HNC 2030 no comparison

9. Mental Health & Mental Disorders

- Health ENC no comparison
- HCI Score 1.92
- HNC 2030 BRFSS Region 6 responses: 10.7 answered yes to frequent mental distress and 89.3 answered no

10. Immunizations & Infectious Diseases

- Health ENC Community Responses: COVID-19 pandemic (4%)
- HCI Score 1.23
- HNC 2030 no comparison

Both primary and secondary data show a similar story for residents of Lenoir County. Poverty, marginalization, loss of industry, and access to care contribute to more chronic disease, crime, and decreasing county population in a circle that last for generations. The good news is that Lenoir County has made recent economic gains and health care improvements that can

increase community well-being. Many partnering organizations representing are areas of the social determinants of health – food, housing, education, employment, safety, support, health, and mental well-being – work diligently and communicate regularly. All of these influences have the power to increase life expectancy and quality of life for all residents while growing the number of people who call Lenoir County home.

Health Priorities

The Lenoir County Alliance for a Healthy Community met to determine priorities areas, and these were the three areas chosen (*refer to Chapter 10 for a detailed overview*):

- 1. Wellness & Lifestyle
- 2. Mental Health/Substance Use
- 3. Immunizations & Infectious Diseases

Next Steps

UNC Lenoir Health Care and the Lenoir County Health Department will work to develop community health programs and submit them to the state in September. An internal and external workgroup with the Alliance meetings will be reorganized into a new model based on priorities to ensure robust plans are implemented and strengthen collaboration on strategies.

Evaluation of Progress Since Prior CHNA

The community health improvement process should be viewed as an iterative cycle. An essential piece of that cycle is revisiting the progress made on priority health topics outlined in the initial community health needs assessment. By reviewing the actions taken to address priority health issues and evaluating the impact those actions have made in the community, it is possible to better target resources and efforts during the next round of the CHNA cycle.

UNC Lenoir Health Care--As part of the 2018 Community Health Needs Assessment, Exercise, Nutrition, and Weight, Access to Health Care, and Substance Abuse/Mental Health were selected as prioritized health needs. A detailed table describing the strategies/action steps and indicators of improvement for each priority area can be found in Appendix A.

Kinston Community Health Center utilizes the results of the Community Health Needs Assessment in the following manner:

The 2018 Lenoir County Community Health Needs Assessment identified the leading causes of death as: diabetes mellitus, cerebrovascular disease, diseases of the heart, and cancer. The assessment also found that death rates for these chronic diseases were significantly higher in Lenoir County than any other county in North Carolina. The results of an additional data scoring tool revealed diabetes, heart disease, stroke, women's health, wellness/lifestyle and cancer were among the poorest performing health community indicators. Obesity and mental health/substance use have also been identified as high-risk issues. Kinston Community Health Center will address the needs identified in the Community

Health Needs Assessment by expanding its integrated behavior health program to include Medication Assisted Therapy (MAT) and implementing a Chronic Disease Management Program. The Chronic Disease Management Program will include Case Management and a Diabetes Educator. The programs will be available to patients throughout the service area.

The Lenoir County Health Department publishes a State of the County Health Report each year that updates the community on progress made on the improvement plans. This report can be found at http://lenoircountync.gov/health-department/.

Community Feedback on Prior CHNA

The 2018 Lenoir County Community Health Needs Assessment was made available to the public via www.unclenoir.org. Community members were invited to submit feedback via monthly meetings of the Lenoir County Alliance for a Healthy Community, Lenoir County Health Department Director, or UNC Lenoir Health Care via "Contact Us" area of the website at www.unclenoir.org. No comments had been received on the preceding CHNA at the time this report was written.

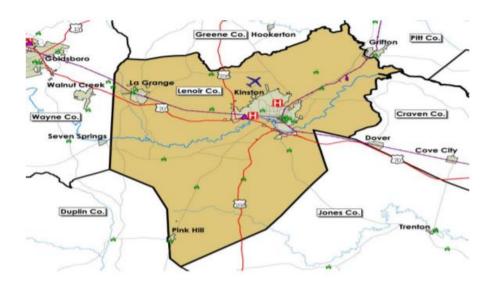
Chapter 1 Introduction

Description of County

The land area known today as Lenoir County was first part of Bath, then Craven, then Johnston County, and then Dobbs County and finally in 1791 Lenoir County was chartered. Kinston, Lenoir County's seat, was established in 1762 as "Kingston" and today is among the oldest cities in the state of North Carolina. Other incorporated towns located within the county include LaGrange, Pink Hill, and a portion of Grifton.

Lenoir County is located in the coastal plain region of eastern North Carolina. Lenoir County is approximately 75 miles east of Raleigh and 75 miles west of Morehead City. The county spans 400 square miles and shares borders with Pitt, Craven, Jones, Wayne, Greene, and Duplin counties. The Neuse River flows through the county. A significant area of landmass is contained in the Neuse River basin and tributaries, which experienced major flooding in 1996, 1999, 2016, and 2018 due to Hurricanes Fran, Floyd, Matthew, and Florence. Due to the geographic location of Lenoir County in the coastal plain, the county is subject to the impacts of hurricanes. Three incorporated municipalities exist within Lenoir County.

City/Area	Population	Characteristic	Zip Codes		
Kinston 20,509	20 500	County cost	28501, 28502,		
	20,309	County seat	28503, 28504		
La Grange	2,663	"Garden Spot" town	28551		
Pink Hill 518	-Smallest Town,	28572			
	210	Rosefest	20372		
U.S. Census Bureau					



Today the county is known for a blend of agricultural products and manufacturing. The Lenoir County Farmer's Market is located off the scenic landscape of the Neuse River. The market features the best produce and crafts from local farmers and vendors. The market served as the host vendor in the most recent CHNA priority to target Obesity within the Diabetes population. UNC-Lenoir Health Care implemented a program that provided Rx food coupons to persons with Diabetes. This initiative allowed individuals to obtain fresh fruits and vegetables. The Neuse Riverwalk is a project that began in 2016. The goal of the Riverwalk is to encourage physical activity and to connect different areas of the city that highlights the rich culture of Kinston. The community is family friendly with a vibrant food scene. Today the county is known for a blend of agricultural products and manufacturing. The Lenoir County Farmer's Market is located off the scenic landscape of the Neuse River. The market features the best produce and crafts from local farmers and vendors. The market served as the host vendor in the most recent CHNA priority to target Obesity within the Diabetes population. UNC-Lenoir Health Care implemented a program that provided Rx food coupons to persons with Diabetes. This initiative allowed individuals to obtain fresh fruits and vegetables.

The Neuse Riverwalk is a project that began in 2016. The goal of the Riverwalk is to encourage physical activity and to connect different areas of the city that highlights the rich culture of Kinston. The community is family friendly with a vibrant food scene.

UNC Lenoir Health Care

Nestled in the heart of Lenoir County, <u>UNC Lenoir Health Care's mission</u> is to ensure exceptional healthcare for the people served. UNC Lenoir Health Care, licensed for 199 beds, is a not-for-profit hospital dedicated to the community it serves by offering quality inpatient, outpatient and preventive health care services that are close to home. In addition to general medical, surgical, and obstetrical and gynecological care, UNC Lenoir Health Care offers specialized services including cardiology, pulmonology, bariatrics, oncology, radiology and urology. With a medical staff of over 100 physicians, UNC Lenoir Health Care offers a range of specialty services and technology you would only expect to find at hospitals in larger cities. Please see <u>www.unclenoir.org</u> for more information about the hospital and services.

Concerned with the health status of the community it serves, UNC Lenoir Health Care offers many free educational health programs, seminars, and screenings each year. The hospital constantly seeks new ways to positively impact the health status of the residents of Lenoir, Greene, Jones and surrounding counties. The Patient Advisory Council is a group of community members and hospital staff that get together to discuss ways to improve patient satisfaction, understand patient needs and concerns, and help guide our priorities when planning for the future, while finding ways to enhance our relationship with the community.

With over 800 employees, UNC Lenoir Health Care remains one of the largest employers and an economic engine in Lenoir County.

Affiliated with UNC Health Care since May of 2016 through a management services agreement, this affiliation allows UNC Lenoir a broader scope of resources and experience to benefit our residents. The UNC Lenoir Health Care leadership adopted the strategic plan for 2017-2021 to include goals within four key pillars. They include: quality and patient satisfaction; medical staff optimization; financial performance; and facilities planning.

In fiscal year 2020, UNC Lenoir provided care for 4978 total admissions with an average daily census of 58.9. There were 41,630 Emergency Room visits with 421 newborn deliveries, and 3408 surgeries. The consistent leading cause of hospital admission and readmission is congestive heart failure. 77% of UNC Lenoir patients originate within Lenoir County with others coming in smaller portions from a number of surrounding counties.

UNC Lenoir Health Care supports the community with physician needs assessment and recruitment. Three new providers were recruited and joined the community in 2020. They are Dr. Kristin Williams, UNC Surgical at Lenoir and Dr. Brittany Lloyd, UNC Family Medicine at Lenoir, and Dr. Bryan Ehlert, vascular surgeon. Please see the following graphic for the 2017 assessment of physician needs in the Lenoir County area.

UNC Health Care System 2017 Physician Net Need Analysis by Specialty, Lenoir County							
Specialty	Demand	Supply	Net Need	Specialty	Demand	Supply	Net Need
Family Medicine	18	14	4	General Surgery	5	3	2
Internal Medicine	15	13	1	Gastroenterology	4	3	1
Pediatrics	10	7	2	Neurology	2	2	1
Orthopedics	8	1	7	Radiation Oncology	2	1	1
Obstetrics/ Gynecology	10	5	4	Urology	3	2	1

Cardiology	7	5	3	Rheumatology	1	1	0
Oncology/ Hematology	3	4	0	Otolaryngology	3	3	0
Ophthalmology	5	2	3	Nephrology	2	4	2
Pulmonology	3	1	2				

Notes: Demand, supply and net need numbers are rounded to nearest whole number; therefore, net need and supply may not equal demand.

Source: Truven Market Expert physician demand projections.

Lenoir County Health Department

The mission of the Lenoir County Health Department is to assess community health status, provide personal health services not provided elsewhere, minimize the threat of communicable diseases, and promote wellness for the people who live in Lenoir County. Please see appendix E for a detailed description of our services.

Services/Programs

- Adult Health
- Animal Control
- Child Health
- Environmental Health
- Family Planning
- Health Education
- Immunizations
- Laboratory

- Maternal Health
- Public Health Preparedness and Response
- Sexually Transmitted Infections
- Social Work
- Tuberculosis
- Vital Records
- Women, Infants, and Children (WIC)

Overview of Health ENC

Health ENC is a collaborative initiative of health departments and hospitals in eastern North Carolina. The collaborative serves 35 counties with 34 participating health departments and 31 participating hospitals. The collaborative uses a shared approach for primary and secondary data collection to produce a comprehensive Regional Community Health Needs Assessment every three years that can be used to partially satisfy requirements for North Carolina Local Health Department Accreditation and the Internal 17

Revenue Service requirement under the Patient Protection and Affordable Care Act for charitable hospitals.

Overview of Community Health Needs Assessment Process

The Community Health Needs Assessment Process gathers population health data that county health departments, hospitals, community groups can use to

- Identify key health needs/issues in eastern North Carolina Communities
- Develop strategies and action plans based upon data aim to improve the quality of life
- Collaborate to maximize results by having a collective impact in the region
- Maintain local control and decision-making about the choice of health priorities and interventions, and
- Improve health, partnerships and communication.

Participating Health ENC Counties



Health ENC serves the following counties: Beaufort, Bertie, Bladen, Camden, Carteret, Chowan, Craven, Cumberland, Currituck, Dare, Duplin, Edgecombe, Franklin, Gates, Greene, Halifax, Hertford, Hoke, Hyde, Johnston, Jones, Lenoir, Martin, Nash, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Sampson, Tyrrell, Washington, and Wayne Counties.

Health Data Sources

Primary Data - Community Survey

Survey Methodology/Design

Health ENC Steering Committee structured the primary data collection for participating health departments and hospitals. The primary data used in the Community Health Needs Assessments included (1) a community survey that could be distributed online or by a paper submission and (2) focus group discussions in some counties. The Health ENC Steering Committee did not encourage focus groups for the 2021-2022 Community Health Needs Assessments because of the global COVID-19 pandemic. However, some counties were able to hold focus group discussions safely despite significant challenges in collecting enough survey responses to accurately represent their community's population.

Survey Design:

The Health ENC Steering Committee developed a primary survey to gather information from community members about their health concerns. A workgroup of Steering Committee members convened and examined survey questions utilized in the 2018-2019 Community Health Needs Assessment. The workgroup also examined data readily available from secondary data sources. The workgroup focused on developing survey questions to obtain data from community members which was not readily available in the secondary data or where secondary data was weak. In addition, workgroup members worked to combine questions where appropriate and to be more inclusive in the wording of response choices. The Steering Committee reviewed the sample survey questions and made a few additional revisions to assure the survey only contained questions where community input was needed to guide health priority selection and strategic action planning.

Once the survey questions were finalized, the Steering Committee decided on targets for each county. Because the survey was a convenience sample that was being conducted during a global pandemic (COVID-19), each county was asked to complete a minimum of 300 surveys with representation from as many community groups as possible to assure sufficient sampling to represent the full community. The target of 300 surveys per county was identified through previous work with data analysis vendors who examined each county's population and confirmed this number should provide an accurate reflection of the total county's population, if responses reflected the population demographics equally.

The surveys were made available to the public from April 1 – June 30, 2021. Surveys were made available in paper format and electronically using the REDcap software. Health ENC partners received feedback throughout the survey period on the age, gender, race/ethnicity, and language of survey respondents to assist them in promoting the surveys to various community members within their counties. At the completion of the survey period, 16,661 English surveys and 502 Spanish surveys were completed. Most counties did not have an equally distributed response to surveys to represent their entire county's population. As a result, survey responses should be considered as only one component of information utilized to select health priorities. The most underserved populations' feedback is not adequately reflected in most surveys. Health ENC partners were encouraged to include key stakeholders, who served these populations, in the health priority selection process to assure many of their clients' health needs were considered.

The survey was distributed through paper copies to faith-based organizations, the hospital, health department, public library, and COVID-19 vaccination clinics. Online surveys were shared on our social media platform and website. The length of distribution was between March through June 2021.

Key Areas Examined

- Quality of life, health behaviors, health perceptions,
- Preventative services, exercise, and access to care

County Responses

- 532 Total English (Total in ENC survey =16,661)
- 13 Total Spanish (Total in ENC survey =502)

Secondary Data Sources

Healthy North Carolina 2030 (HNC 2030)

NC State Center for Health Statistics

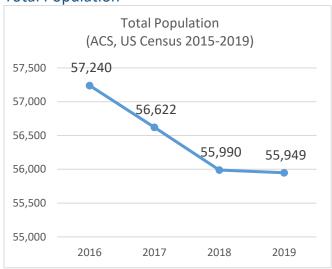
Robert Wood Johnson County Health Rankings and Roadmaps

Limitations

- The data presented represents a snapshot of the population, economic and leading health and wellness issues in eastern NC communities
- It includes primary data gathered from community surveys and secondary data from health and other sources.
- This information can be used as a guide for helping communities identify leading health issues in the Health ENC County Region
- Other health issues, data and resources may be available that were not listed here that communities may wish to consider when establishing health priorities

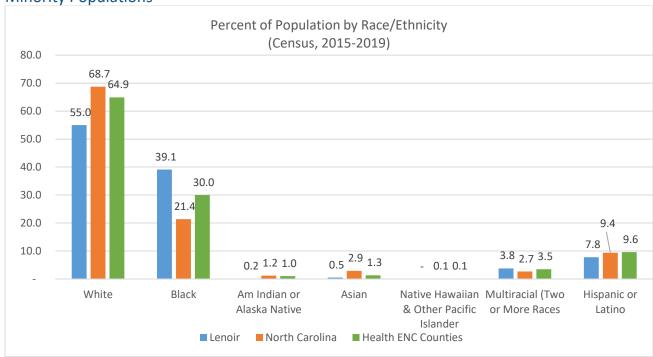
Chapter 2 Demographic Profile

Total Population



According to the US Census the population in Lenoir County decreased from 57, 240 in 2016 to 55,949 in 2019, for an overall 2.3% decrease in total population.





The White population in Lenoir County (55.0%) is less than the White population in North Carolina (68.7%) and slightly lower than the Health ENC counties (64.9%).

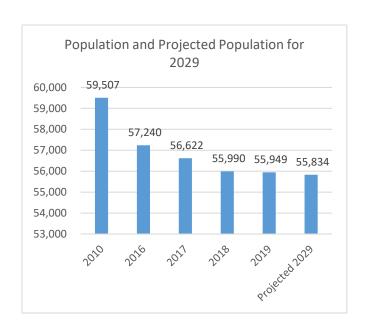
The Black or African American population in Lenoir County (39.1%) is higher than the percent Black or African American population in North Carolina (21.4%) and higher than the Health ENC counties (30.0%).

The Hispanic or Latino population comprises 7.8% of Lenoir County which is significantly lower than North Carolina (9.4%) and Health ENC Counties (9.6%)

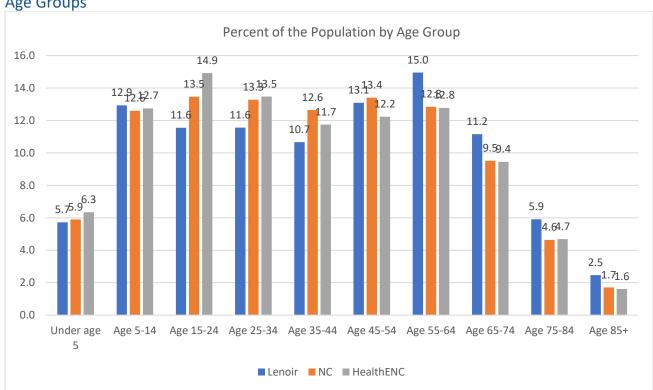
Population Growth

- The projected population growth for Lenoir County for 2029 is estimated at 55,834 persons
- From 2010 to 2019, the total population of Lenoir County has decreased by an overall 6%

Note: Population projection for 2029 comes from the NC Office of State Mgmt and Budget Pop Projections. All the other population data is from the Census

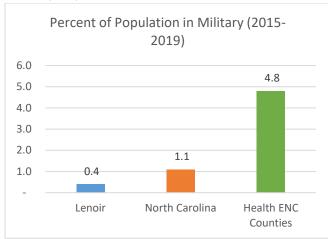


Age Groups



Military/Veteran Populations

Military Population

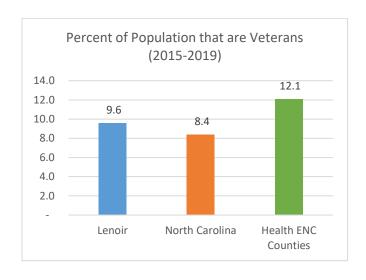


- The percent of Military Population in Lenoir County is 0.4%
- Compared to the counties in Health ENC (4.8%) and North Carolina (1.1%), Lenoir County has a smaller population

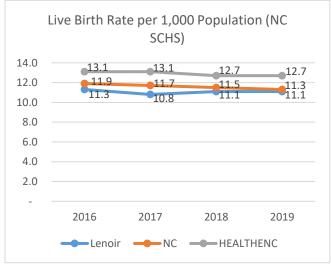
Veteran Population

The veteran population is given as a percent of the civilian population aged 18 years and older and this data is used for policy analyses, to develop programs, and to create budgets for veteran programs and facilities.

• Lenoir County's veteran population (9.6%) is higher than the state (8.4%) but lower than the Health ENC counties (12.1%)



Birth Rates



Birth rates are important measures of population health. The birth rate is usually the dominant factor in determining the rate of population growth; however, population growth is also driven by the age structure of the population (e.g., deaths), immigration and emigration. The Lenoir County birth rate demonstrated an overall static decrease over the period presented below, with a similar trend seen in the Region and the state.

Analysis of Demographic Data

Lenoir County has seen a steady decline in its population since 2016. This downward trend may be attributed to inadequate living conditions, unhoused persons, job opportunities, low birth rates, an aging population, and safety concerns. The population growth in Lenoir County has decreased by 6% from 2010 to 2019. The population reduction percentage showed a steep decline of 3.8% in recent years between 2010-2016. The projected population for ten years reveals that Lenoir County will reduce by 0.2%. While this trend is likely to continue its descending nature, the 2029 projection indicates that Lenoir County can create an opportunity for population growth by ensuring equitable resources for all individuals who reside in the county.

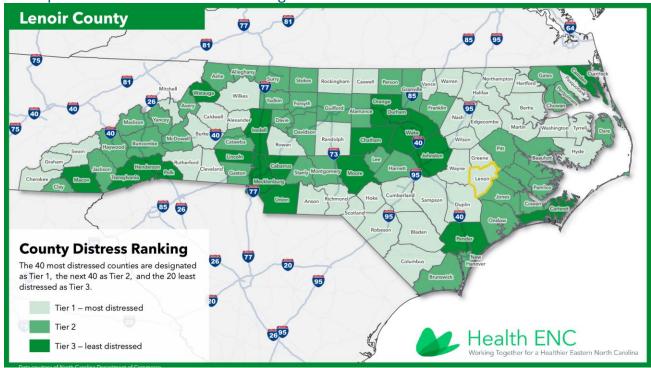
The population decline is slowing and plateauing. This exceeds state and region in older rather than younger populations and necessitates more focus on infrastructure for an older population.

Equitable resources can be defined by assuring that all persons have ample access to programs and services that meet their specific needs. The essential need to create strategic programs and service opportunities for all individuals in Lenoir County will help lay a foundation for generational health. This concept only begins at the core and by understanding the root cause of a situation. It must also be mission-minded to reach the specificity of an individual or family.

The 2018 Community Health Needs Assessment prioritization process addressed the basic need to strengthen our economy. Doing this created a central focus on the idea that transportation, food insecurity, and access to health care all play a dynamic role in the overall picture of health and the number of persons receiving the services offered. By targeting these essential and most vital areas of ones' life, Lenoir County will have a boundless opportunity to see population growth.

Chapter 3 Socioeconomic Profile

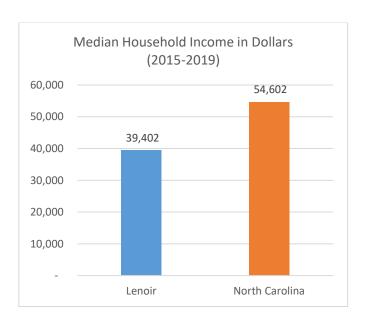




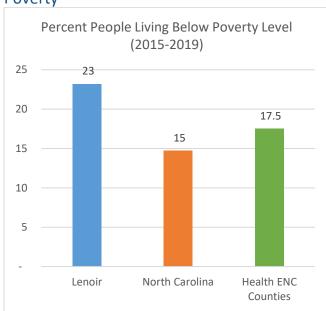
Income

Median household income reflects the relative affluence and prosperity of an area. Areas with higher median household incomes are likely to have a greater share of educated residents and lower unemployment rates.

 The median household income in Lenoir County (\$39,402), which is much lower than the median household income in North Carolina (\$54,602).



Poverty

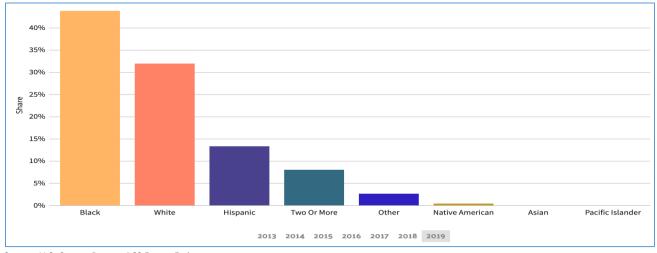


Federal poverty thresholds are set every year by the Census Bureau and vary by size of family and ages of family members. A high poverty rate is both a cause and a consequence of poor economic conditions.

Without adequate income, individuals with disabilities may not be able to afford necessary expenses, such as rent or mortgage, utility bills, medical and dental care, and food.

 In Lenoir County an estimated 23.0% of the population lives below the poverty level, compared to 15.0% of the population in NC and 17.5% for the Health ENC region

Poverty by Race and Ethnicity



Source: U.S. Census Bureau ACS 5-year Estimate

https://datausa.io/profile/geo/lenoir-county-nc#economy

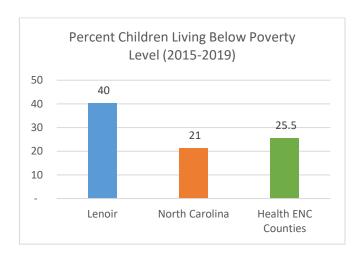
The most common racial or ethnic group living below the poverty line in Lenoir County, NC is Black, followed by White and Hispanic.

The Census Bureau uses a set of money income thresholds that vary by family size and composition to determine who classifies as impoverished. If a family's total income is less than the family's threshold than that family and every individual in it is considered to be living in poverty.

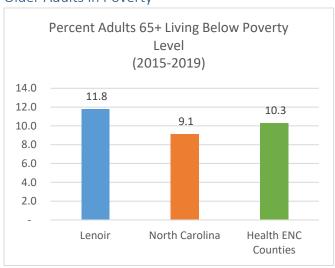
*Data from the Census Bureau ACS 5-year Estimate.

Children in Poverty

 The percent of children living below the poverty level is much higher for Lenoir County when compared with N.C. and the Health ENC Counties



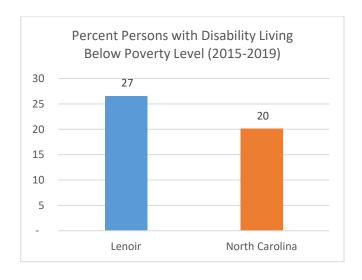
Older Adults in Poverty



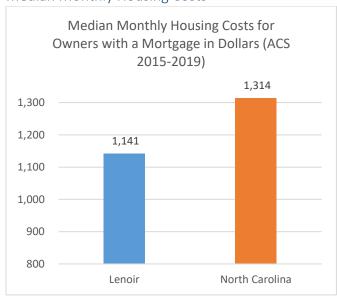
 The percent of adults age 65+ years living in poverty is 2.7% higher in Lenoir County when compared with NC and the 1.5% higher than Health ENC counties.

Disabled People in Poverty

 The percent of disabled people living in poverty in Lenoir County (27%) is higher than N.C. (20%)



HousingMedian Monthly Housing Costs



The average household size in Lenoir County is 2.4 people per household (owners) and 2.38 people per household (renters), which is slightly lower than the North Carolina value of 2.57 people per household (owners) and for renters (2.43 people per household).

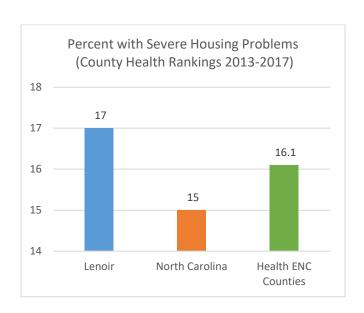
 In Lenoir County, the median housing costs for homeowners with a mortgage is \$1,141, which is slightly lower than the N.C. median \$1,314 costs.

Median Monthly Household Costs in Lenoir County and Surrounding Counties



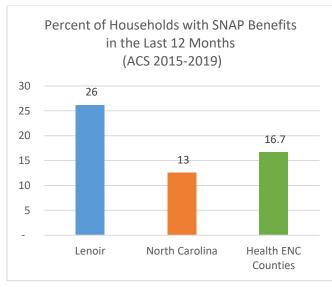
Severe Housing Problems

- Safe and affordable housing is an essential component of healthy communities, and the effects of housing problems are widespread.
- Housing problems include overcrowding, high housing costs, lack of kitchen, or lack of plumbing facilities
- 17.0% of households in Lenoir County have severe housing problems, compared to 15.0% in NC and 16.1% in Health ENC Counties.



Food Insecurity

Households with SNAP Benefits



The Supplemental Nutrition Assistance Program (SNAP) is a federal assistance program that provides low-income families with electronic benefit transfers (EBTs) that can be used to purchase food. The goal of the program is to increase food security and reduce hunger by increasing access to nutritious food.

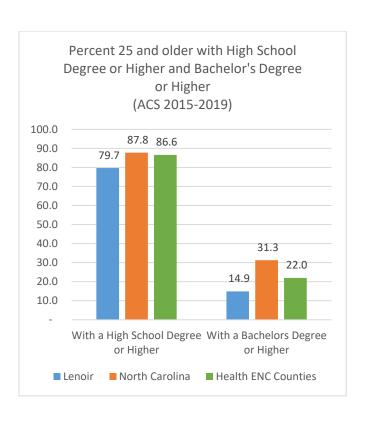
This figure shows the percent of households with children that participate in SNAP. In Lenoir County, the percent of households (26%) that participate in SNAP, is much higher than the state value of 13% and the Health ENC region value of 16.7%.

Education

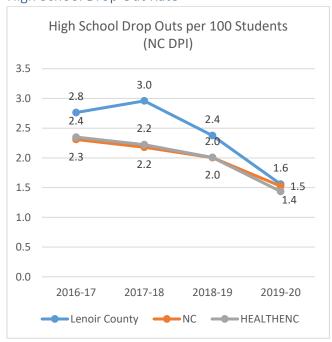
Educational Attainment

Graduating from high school is an important personal achievement and is essential for an individual's social and economic advancement. Graduation rates can also be an important indicator of the performance of an educational system. Having a bachelor's degree opens up career opportunities in a variety of fields and is often a prerequisite for higher-paying jobs.

- In Lenoir County the percent of residents 25 or older with a high school degree or higher was lower (79.7%) than the state value (87.8%) and the Health ENC region (86.6%)
- Percent with a higher education attainment in Lenoir County was lower (14.9%) compared to N.C. (31.3%) and Health ENC region (22.0%)



High School Drop Out Rate



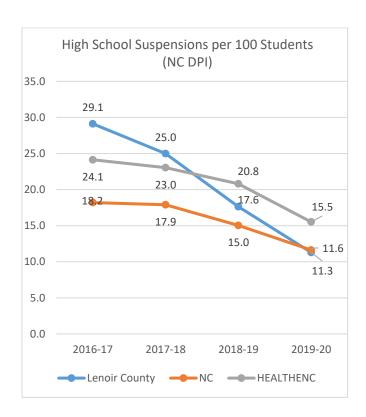
High school dropouts earn less income than high school and college graduates, and are more likely to be unemployed. High school dropouts are generally less healthy and require more medical care. Further, high school dropout rates are linked with heightened criminal activity and incarceration rates, influencing a community's economic, social, and civic health.

- Lenoir County's high school dropout rate was 1.6% in 2019-2020, which was slightly higher than the rate in North Carolina (1.5%) and the Health ENC region (1.4%)
- Lenoir County's high school dropout rate has been on a decline over the past four measurement periods

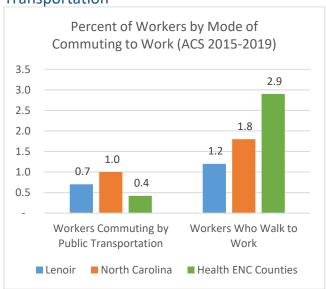
High School Suspension Rate

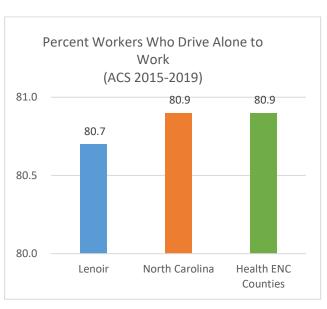
High school suspension is a form of discipline in which a student is temporarily removed from a classroom and/or school due to a violation of school conduct or code. Higher rates of suspension can be related to high rates of antisocial or delinquent behaviors, which may further contribute to potential future involvement in the juvenile justice system. Additionally, schools with higher suspension rates have higher rates of law or board of education violations and generally spend more money per student.

 Lenoir County's rate of high school suspension (11.3 per 100 students) was lower than North Carolina's rate (11.6) and the Health ENC counties (15.5) in 2019-2020



Transportation



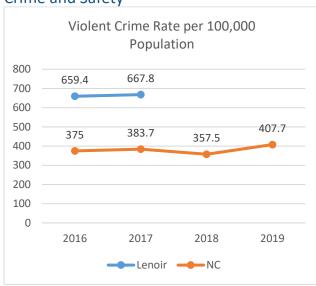


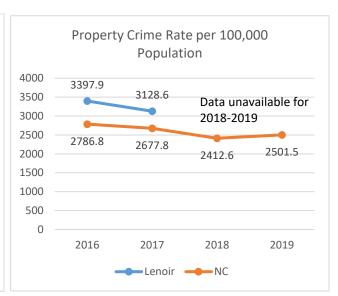
Public transportation offers mobility, particularly to people without cars. Transit can help bridge the spatial divide between people and jobs, services, and training opportunities. Public transportation also reduces fuel consumption, minimizes air pollution, and relieves traffic congestion. Walking to work helps protect the environment, while also providing the benefit of daily exercise.

• In Lenoir County, an estimated 0.7% of residents commute to work by public transportation, compared to the state value of 1.0%.

• Approximately 1.2% of residents walk to work, which was lower than the state value of 1.8%. An estimated 80.7% of workers 16 and older drive alone to work, compared to 80.9% in N.C.

Crime and Safety

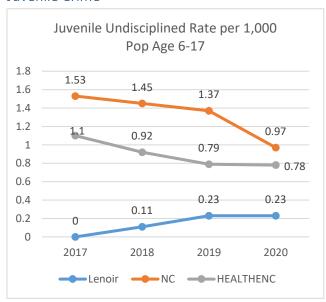


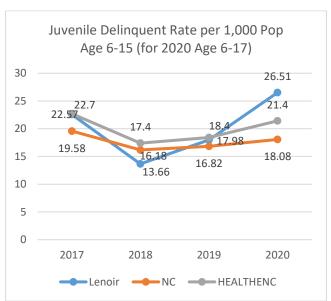


Both violent crime and property crime are used as indicators of a community's crime and safety. Violence negatively impacts communities by reducing productivity, decreasing property values and disrupting social services. Violent crime includes four offenses: murder and non-negligent manslaughter, rape, robbery, and aggravated assault. Property crime includes the offenses of burglary, larceny-theft, motor vehicle theft, and arson.

- From 2016 to 2017, the violent crime rate in Lenoir County increased from 659.4 to 667.8. Note that data were unavailable for 2018 and 2019
- During the same time period, the property crime rate decreased from 3397.9 to 3128.6, which was lower than the N.C. rate. Note that data were unavailable for 2018 and 2019

Juvenile Crime



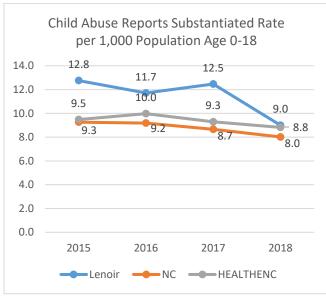


Youth who commit a crime may not gain the educational credentials necessary to secure employment and succeed later in life. Negative peer influences, history of abuse/neglect, mental health issues, and significant family problems increase the risk of juvenile arrest. The juvenile justice system aims to reduce juvenile delinquency through prevention, intervention, and treatment services.

The undisciplined rate describes juveniles who are unlawfully absent from school, regularly disobedient and beyond disciplinary control of the parent/guardian, are regularly found where it is unlawful for juveniles to be, or have run away from home for more than 24 hours.

- In 2020, the juvenile undisciplined rate in Lenoir County (0.23) was lower than the rate in North Carolina (0.97) and the Health ENC region (0.78)
- In 2020, the juvenile delinquent rate for Lenoir County was higher (26.51) than N.C. (18.1) and the Health ENC region (21.4)

Child Abuse



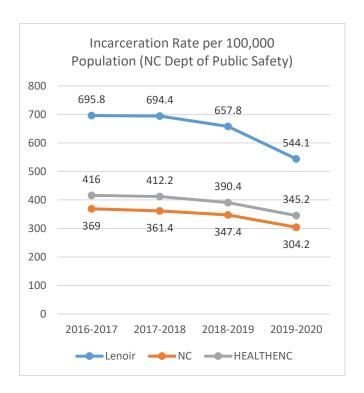
Child abuse includes physical, sexual and emotional abuse. All types of child abuse and neglect can have long lasting effects throughout life, damaging a child's sense of self, ability to have healthy relationships, and ability to function at home, at work, and at school.

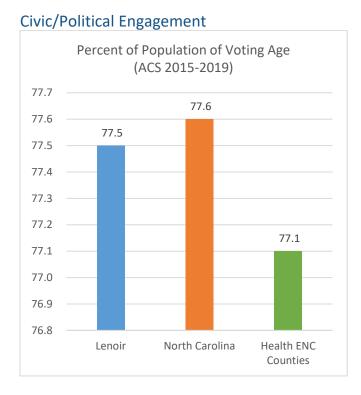
 The 2018 child abuse rate in Lenoir County was higher (9.0 per 1,000 pop.) than N.C. (8.0 per 1,000 pop.) and the Health ENC (8.8)

Incarceration

According to the U.S. Bureau of Justice Statistics, approximately one out of 100 adults in the U.S. are in jail or prison. Conditions in jails and prisons can lead to an increased risk of infectious diseases such as tuberculosis and hepatitis C, as well as assault from other inmates. After incarceration, individuals are likely to face a variety of social issues such as employment discrimination, disruption of family relationships and recidivism.

- Over the past four measurement periods, the incarceration rate in Lenoir County has decreased
- In 2019-2020, the incarceration rate in Lenoir County was higher (544.1 per 1,000 population) than N.C. (304.2) and the Health ENC region (345.2)





Exercising the right to vote allows a community to choose elected officials and hold them accountable. Voting ensures that all citizens have the opportunity to voice their opinions on issues such as the use of tax dollars, civil rights and foreign policy. By voting, individuals shape their communities and influence the next generation of society. A high level of voter turnout indicates that citizens are involved and interested in who represents them in the political system.

 Lenoir County has a marginally lower percent of residents of voting age (77.5%) than North Carolina (77.6%) but slightly higher than the Health ENC Counties (77.1%)

Analysis of Socioeconomic Profile

The predominant socioeconomic factor for Lenoir County is poverty. On almost every poverty indicator, Lenoir County residents rank higher than state or regional communities. It is no surprise that other measures impacted by poverty – such as crime rates, incarceration, housing issues, food insecurity, and access to healthcare – are also at higher levels in the county. These socioeconomic factors disproportionately impact historically marginalized populations for generations.

Lenoir County is a rural community built on agricultural wealth and many manufacturing. The above socio-economic data characterizes Lenoir County as disadvantaged compared to Health ENC counties and North Carolina. Socio-economic status is a significant indicator for overall health, life expectancy, and determining environmental conditions. It is the storyteller that determines if a community is thriving or distressed.

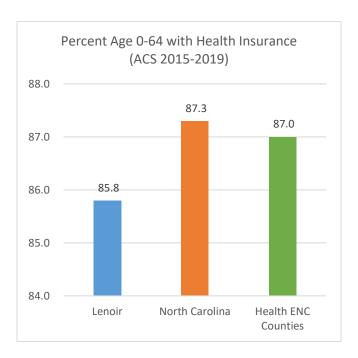
According to the North Carolina Department of Commerce Tier Designation chart on page 18, Lenoir County is categorized as a Tier 1 County and is most distressed. This description is not surprising due to the comparison data above. One of the main factors contributing to overall health is the nature of an environment and the opportunities generated to reduce the likelihood of individuals living in poverty. An estimated 23% of the population lives below the poverty level. More than 40% of the Black or African American population in Lenoir County lives below poverty. This data provides a basis for why access to health care is a concern, and the elevated risks of health conditions are primarily seen in the Black or African American population.

Chapter 4 Clinical Care Profile

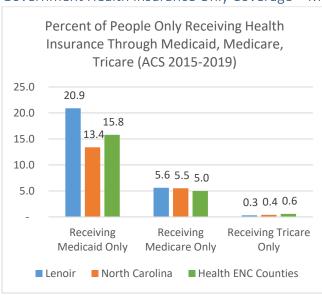
Health Insurance Coverage

Medical costs in the United States are very high. People without health insurance may not be able to afford medical treatment or prescription drugs. They are also less likely to get routine checkups and screenings, so if they do become ill, they may not seek treatment until the condition is more advanced, and therefore more difficult and costly to treat.

- The rate of individuals aged 0-64 years old that have health insurance coverage in Lenoir County is 85.8%, which was lower than the rate for North Carolina (87.3%) and the Health ENC region (87.0%)
- Nearly 15% of the population 0-64 years of age in Lenoir County are uninsured.



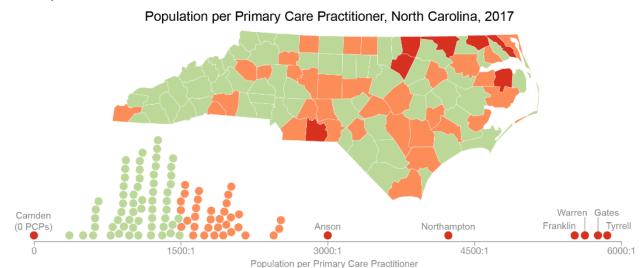
Government Health Insurance Only Coverage – Medicaid, Medicare, Tricare



This graph shows the percent of the population only receiving health insurance through Medicaid, Medicare, or military healthcare (TRICARE).

 In Lenoir County, 20.9% of the population report receives health insurance coverage through Medicaid, 5.6% Medicare and 0.3% Tricare

Primary Care Practitioners



Notes: Updated March 10, 2020 to reflect adjustments to 2017 nurse practitioner data. Primary care physicians physician assistants, and nurse practitioners are defined as in Spero, J. C., & Galloway, E. M. (2019). Running the Numbers. North Carolina Medical Journal, 80(3), 186-190. Physicians with a primary ace of practice of obstetrics/gynecology were weighted as 0.25 of a full-time equivalent (FTE) primary care practitioner. All other primary care physicians were weighted as 0.75 FTE. Primary care physician assistants, nurse practitioners, and certified nurse midwives were weighted as 0.75 FTE. Physician and physician assistant data are derived from licensure data provided by the North Carolina Medical Board. This analysis only includes physicians who are not residents-in-training and are not employed by the Federal government. Nurse practitioner and certified nurse midwife data is derived from licensure data provided by the North Carolina Board of Nursing. Data include active, licensed practitioners in practice in North Carolina as of October 31, 2017. Practitioners are assigned to counties based on primary practice location. County populations were adjusted for age and gender according to primary care use rates described in data from the Medical Expenditure Panel Survey. The raw (unadjusted) population data was from the NC Office of State Budget and Management



Access to primary care is necessary to improving the health outcomes of communities. With the recent spread of the novel <u>coronavirus</u> in North Carolina, primary care is critical as an entry-point to further care. Many rural areas of North Carolina lack adequate access to primary care providers. The disparities in access between rural and metropolitan areas have continued to grow despite an overall increase of physicians in NC.

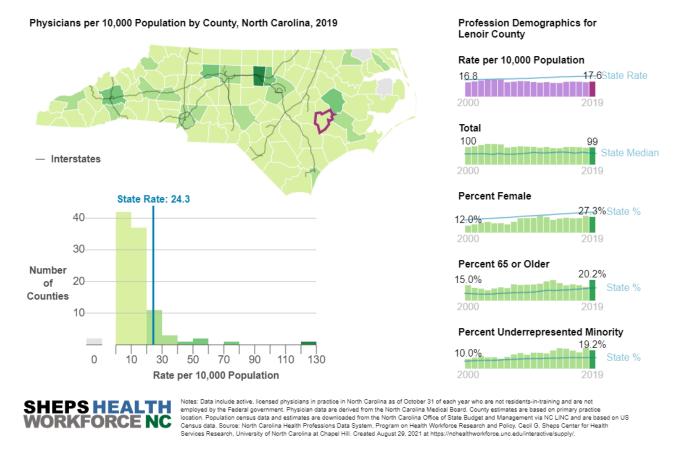
On the map a shaded in green color indicates the county is meeting the NC Institute of Medicine's (NCIOM) target ratio of 1 primary care provider to every 1,500 people.

Lenoir is orange; therefore, this color indicates the county does not meet the NC Institute of Medicine's (NCIOM) target ratio of 1 primary care provider to every 1,500 people.

Currently, 60% of NC's 100 counties meet the NCIOM's target. As shown in this figure, seven counties were substantially below target: Anson, **Northampton, Franklin, Warren, Gates, Tyrrell** and **Camden**. **Camden** has a population of just over 10,000, and no primary care providers.

The NCIOM definition of primary care clinician includes physicians, nurse practitioners (NPs), physician assistants (PAs) and certified nurse midwives (CNMs).

https://nchealthworkforce.unc.edu/blog/primary_care_nc/



As shown in this figure, the number of physicians per 10,000 population in Lenoir County has increased from 16.8 physicians in 2000 to 17.6 in 2019 which is still below the state rate of 24.3 per 10,000 population.

Source: North Carolina Health Professions Data System, <u>Program on Health Workforce Research and Policy</u>, Cecil G. Sheps Center for Health Services Research, University of North Carolina at Chapel Hill. Created September 29, 2021 at https://nchealthworkforce.unc.edu/interactive/supply/.

Analysis of Clinical Care Profile

The percentage of residents with insurance in Lenoir County is lower than the percentages of other Health ENC counties and the state of North Carolina. A reasonable factor attributing to these lower percentages may be that most insurance coverage is linked with an individual's job. Some Lenoir County residents are without gainful employment, making insurance affordability unattainable.

The Federal Poverty Level (FPL) is determined by income and eligibility for government assistance coverage of Medicaid or Children's Health Insurance Plan (CHIP). This assistance will allow individuals to receive health care if they fall below 138% of the FPL. However, those who fall 100% below are not eligible for a Marketplace insurance plan or Medicaid. Of the 85.8% insured in Lenoir County, 20.9% receive insurance through Medicaid, and 15% are uninsured. This percentage is a considerable number of individuals who may not be receiving adequate health care. Low-cost or free services are available at the Lenoir County

Health Department and Kinston Community Health Center, a Federally Qualified Health Center (FQHC), to address the disparity in health care services. A shortage of providers also impacts access to care.

Chapter 5 Chronic and Communicable Disease Profile

Leading Causes of Death

	Lenoir Cou	nty		North Carolina				Health ENC Counties			
Rank	Cause	Deaths	Rate	Rank	Cause	Deaths	Rate	Rank	Cause	Deaths	Rate
1	Heart Disease	166	296.7	1	Cancer	19,963	190.34	1	Heart Disease	4546	210.2
2	Cancer	141	252.02	2	Heart Disease	19,661	187.46	2	Cancer	4345	200.91
3	Cerebrovascular Disease	53	94.73	3	Chronic Lower Respiratory Diseases	5,411	51.59	3	Cerebrovascular Disease	1215	56.18
4	Other Unintentional Injuries	42	75.07	4	Cerebrovascular Disease	5,203	49.61	4	Chronic Lower Respiratory Diseases	1114	51.51
5	Chronic Lower Respiratory Diseases	31	55.41	5	Other Unintentional Injuries	4,683	44.65	5	Other Unintentional Injuries	1006	46.52
6	Nephritis Nephrotic Syndrome and Nephrosis	24	42.9	6	Alzheimer's Disease	4,508	42.98	6	Alzheimer's Disease	918	42.45
7	Alzheimer's Disease	23	41.11	7	Diabetes Mellitus	3,127	29.81	7	Diabetes Mellitus	838	38.75
8	Diabetes Mellitus	23	41.11	8	Nephritis Nephrotic Syndrome and Nephrosis	2,121	20.22	8	Nephritis Nephrotic Syndrome and Nephrosis	476	22.01
9	Motor Vehicle Injuries	20	35.75	9	Pneumonia and Influenza	1,730	16.49	9	Motor Vehicle Injuries	460	21.27
10	Essential Primary Hypertension	15	26.81	10	Motor Vehicle Injuries	1,608	15.33	10	Pneumonia and Influenza	382	17.66

Notes: Leading causes of death are calculated based on the crude number of deaths per 100,000 population in 2019.

Deaths: North Carolina State Center for Health Statistics 2019 Vital Statistics Public Use Data Files, downloaded from the Odum Institute for Research in Social Science at UNC-Chapel Hill Dataverse web site, May 2021. Population: National Center for Health Statistics 2019 Bridged-Race Population Estimates (https://www.cdc.gov/nchs/nvss/bridged race.htm). Analysis by ECU Department of Public Health, Health Systems Research and Development.

This table shows the leading causes of mortality in Lenoir County, North Carolina, and Health ENC Counties in 2019.

Many of these chronic conditions death rates are higher than the state and the Health ENC County Region rates.

Leading Causes of Injury Death

Leading Causes of Injury Death 2016 to 2019 LENOIR			Leading Causes of Injury Hospitalization 2016 to 2019 LENOIR			Leading Causes of Injury ED Visits 2016 to 2019 LENOIR			
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#	
1 2 3 4 5	MVT - Unintentional Fall - Unintentional Poisoning - Unintentional Firearm - Assault Firearm - Self-Inflicted	45 40 39 23 19	1 2 3 4 5	Fall - Unintentional MVT - Unintentional Poisoning - Unintentional Poisoning - Self-Inflicted Fire/Burn - Unintentional	621 205 164 61 60	1 2 3 4 5	Fall - Unintentional MVT - Unintentional Unspecified - Unintentional Struck BylAgainst - Unintentional Natural/Environmental - Unintentional	7,396 4,411 2,214 2,085 1,492	
TOTAL	-	234	TOTAL	-	1,394	ТОТА	L	32,811	

MVT – motor vehicle traffic Source: https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/index.htm#genData (2016-2019, all ages)

Leading Causes of Hospitalizations

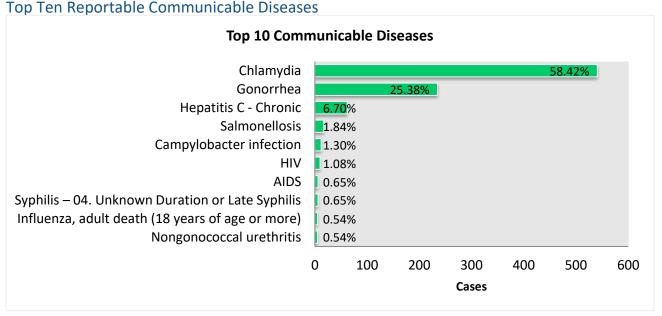
Leading Causes of Injury Death 2016 to 2019 LENOIR			Leading Causes of Injury Hospitalization 2016 to 2019 LENOIR			Leading Causes of Injury ED Visits 2016 to 2019 LENOIR			
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#	
1 2 3 4 5	MVT - Unintentional Fall - Unintentional Poisoning - Unintentional Firearm - Assault Firearm - Self-Inflicted	45 40 39 23 19	1 2 3 4 5	Fall - Unintentional MVT - Unintentional Poisoning - Unintentional Poisoning - Self-Inflicted Fire/Burn - Unintentional	621 205 164 61 60	1 2 3 4 5	Fall - Unintentional MVT - Unintentional Unspecified - Unintentional Struck By/Against - Unintentional Natural/Environmental - Unintentional	7,396 4,411 2,214 2,085 1,492	
TOTAL	-	234	TOTAL	-	1,394	TOTA	_	32,811	

MVT – motor vehicle traffic Source: https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/index.htm#genData (2016-2019, all ages)

Leading Causes of Emergency Department Visits

Leading Causes of Injury Death 2016 to 2019 LENOIR			Leading Causes of Injury Hospitalization 2016 to 2019 LENOIR			Leading Causes of Injury ED Visits 2016 to 2019 LENOIR			
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#	
1 2 3 4 5	MVT - Unintentional Fall - Unintentional Poisoning - Unintentional Firearm - Assault Firearm - Self-Inflicted	45 40 39 23 19	1 2 3 4 5	Fall - Unintentional MVT - Unintentional Poisoning - Unintentional Poisoning - Self-Inflicted Fire/Burn - Unintentional	621 205 164 61 60	1 2 3 4 5	Fall - Unintentional MVT - Unintentional Unspecified - Unintentional Struck By/Against - Unintentional Natural/Environmental - Unintentional	7,396 4,411 2,214 2,085 1,492	
TOTAL	-	234	TOTAL	-	1,394	TOTAL	-	32,811	

MVT – motor vehicle traffic Source: https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/index.htm#genData (2016-2019, all ages)



Note: To view and compare communicable disease rates in your county with NC State-wide rates, reported number of cases, etc., view the custom dashboard

https://NCD3NorthCarolinaDiseaseDataDashboard

Preventing and controlling the spread of communicable diseases are a top concern among communities.

The top communicable diseases as reported by NC DHHS in Lenoir County in 2018 are shown above.

Chlamydia ranked highest among percent of cases reported. Chlamydia is a common STD that can infect both men and women. It can cause serious, permanent damage to a woman's reproductive system.

Analysis of Chronic and Communicable Disease Profile

Lenoir County is similar to the region and state in the top 4 causes of death. Leading causes of injury are motor vehicle accidents, falls, poisoning (including overdoses), firearms. In addition to the disease burden caused by COVID-19, the county ranks high in North Carolina for new HIV diagnosis. Chlamydia, Gonorrhea, and Hepatitis C are also prevalent.

Chapter 6 HNC 2030 Indicator Data

TABLE 1

HEALTH INDICATORS AND DATA

(TOTAL NC POPULATION, 2030 TARGET, AND DATA BY RACE/ETHNICITY, SEX, AND POVERTY LEVEL)

TOTAL POPULATION **HEALTH INDICATOR DESIRED RESULT CURRENT** (YEAR) 2030 TARGET Decrease the number of people 36.8% INDIVIDUALS BELOW 200% FPL 27.0% living in poverty (2013-17) Reduce unemployment disparity 7.2% UNEMPLOYMENT Increase economic security ratio between white and other populations to 1.7 or lower SHORT-TERM SUSPENSIONS 1.39 0.80 (PER 10 STUDENTS) (2017-18) Dismantle structural racism INCARCERATION RATE 341 150 (PER 100,000 POPULATION) (2017) 23.6% 18.0% ADVERSE CHILDHOOD EXPERIENCES Improve child well-being (2016-17) 56.8% 80.0% THIRD GRADE READING PROFICIENCY Improve third grade reading proficiency (2018-19) 73% 92% ACCESS TO EXERCISE OPPORTUNITIES Increase physical activity (2010/18) 7% 5% LIMITED ACCESS TO HEALTHY FOOD Improve access to healthy food (2015) 16.1% 14.0% SEVERE HOUSING PROBLEMS Improve housing quality (2011-15) 20.4 DRUG OVERDOSE DEATHS 18.0 Decrease drug overdose deaths (2018) (PER 100.000 POPULATION) 9.0% YOUTH 19.8% (2017) TOBACCO USE Decrease tobacco use ADULT 23.8% (2018) 16.0% EXCESSIVE DRINKING Decrease excessive drinking 12.0% 17.0% SUGAR-SWEETENED BEVERAGE YOUTH 33.6% (2017) Reduce overweight and obesity CONSUMPTION 20.0% ADULT 34.2% (2017) HIV DIAGNOSIS 13.9 6.0 (PER 100,000 POPULATION) Improve sexual health TEEN BIRTH RATE 18.7 10.0 (PER 1,000 POPULATION) (2018) 13% UNINSURED Decrease the uninsured population 8% (2017) PRIMARY CARE CLINICIANS 62 25% decrease for counties above Increase the primary care workforce 1:1,500 providers to population (COUNTIES AT OR BELOW 1:1,500 PROVIDERS TO POPULATION) (2017) 68.0% EARLY PRENATAL CARE Improve birth outcomes 80.0% (2018) SUICIDE RATE Improve access and treatment 13.8 11.1 for mental health needs (PER 100,000 POPULATION) (2018)6.8 (2018) 6.0 INFANT MORTALITY Decrease infant mortality Black/white disparity ratio = 2.4 Black/white disparity ratio = 1.5 77.6 82.0 Increase life expectancy LIFE EXPECTANCY (YEARS)

(2018)

B/AA = BLACK/AFRICAN AMERICAN H/LX = HISPANIC/LATIN(X) A/PI = ASIAN/PACIFIC ISLANDER AI = AMERICAN INDIAN FPL = FEDERAL POVERTY LEVEL ‡ NOT AVAILABLE OR NOT APPLICABLE

* 2016-18 AVERAGE A INCLUDES HISPANIC ETHNICITY # DATA FROM 2015 A - ASIAN ONLY B - PACIFIC ISLANDER

C - ECONOMICALLY DISADVANTAGED STUDENTS, AS DEFINED BY NC DEPARTMENT OR PUBLIC INSTRUCTION

D - 50%-100% FEDERAL POVERTY LEVEL E - 101%-150% FEDERAL POVERTY LEVEL F - 151%-200% FEDERAL POVERTY LEVEL G - TWO OR MORE RACES

H - STUDENTS WHO ARE NOT ECONOMICALLY
DISADVANTAGED, AS DEFINED BY NC DEPARTMENT OF PUBLIC INSTRUCTION

		RACE / ETH	HNICITY			9	SEX	FED	ERAL POVERTY LI	EVEL
W	B/AA	H/LX	0	A/PI	AI	MALE	FEMALE	<200%	200-399%	400%
30.7%	51.1%	63.6%	46.1% ⁶	30.6%	51.5%	34.8%	38.7%	‡	‡	‡
5.7%^	11.7%	7.1%^	7.3% [^]	5.2%^	10.3%^	6.4%	6.7%	‡	‡	‡
0.73	3.00	0.88	1.69	0.18 ^A	2.46	1.98	0.74	2.09 ^c	‡	‡
203*	915#	209*	‡	‡	488#	649	50	‡	‡	‡
17.5%	36.0%	23.2%	37.2%	11.1%	‡	23.8%	23.5%	47.9%	19.9%	8.3%
70.1%	40.8%	42.6%	59.5% ^G	75.6% ^A	44.5%	54.0%	59.8%	42.6 % ^c	70.6% ^H	‡
26.4	12.9	5.4	4.4	‡	32.6	27.8	13.2	‡	‡	‡
			7.7	_ T	32.0	27.0	13,2	т	т	- 7
20.6%	47.00/									
	17.0%	20.7%	19.0%	‡	‡	23.0%	16.5%	‡	‡	‡
25.9%	22.5%	20.7% 12.2%	19.0% 17.1%	‡ ‡	‡ ‡	23.0% 29.9%	16.5% 18.5%	‡ 32.8%	‡ 21.6%	
25.9% 17.2%	22.5% 12.5%	12.2% 17.8%	17.1% 13.1%	‡	‡ ‡	29.9% 21.7%	18.5% 10.8%	32.8% 14.5%	21.6% 17.6%	17.2% 21.2%
25.9% 17.2% 36.1%	22.5% 12.5% 31.5%	12.2% 17.8% 28.9%	17.1% 13.1% 24.3%	‡ ‡	‡ ‡ ‡	29.9% 21.7% 38.7%	18.5% 10.8% 28.3%	32.8% 14.5% ‡	21.6% 17.6% ‡	17.2% 21.2% ‡
25.9% 17.2%	22.5% 12.5%	12.2% 17.8%	17.1% 13.1%	‡	‡ ‡	29.9% 21.7%	18.5% 10.8%	32.8% 14.5%	21.6% 17.6%	17.2% 21.2% ‡
25.9% 17.2% 36.1%	22.5% 12.5% 31.5%	12.2% 17.8% 28.9%	17.1% 13.1% 24.3%	‡ ‡	‡ ‡ ‡	29.9% 21.7% 38.7%	18.5% 10.8% 28.3%	32.8% 14.5% ‡	21.6% 17.6% ‡	17.2% 21.2% ‡
25.9% 17.2% 36.1% 32.6%	22.5% 12.5% 31.5% 38.7%	12.2% 17.8% 28.9% 37.0%	17.1% 13.1% 24.3% ‡	‡ ‡ ‡	‡ ‡ ‡	29.9% 21.7% 38.7% 37.6%	18.5% 10.8% 28.3% 31.0%	32.8% 14.5% ‡ 41.0%	21.6% 17.6% ‡ 32.7%	17.2% 21.2% ‡ 24.1%
25.9% 17.2% 36.1% 32.6% 4.9	22.5% 12.5% 31.5% 38.7% 40.8	12.2% 17.8% 28.9% 37.0% 17.7	17.1% 13.1% 24.3% ‡	‡ ‡ ‡ 4.3	‡ ‡ ‡ 5.9	29.9% 21.7% 38.7% 37.6% 23.1	18.5% 10.8% 28.3% 31.0% 5.4	32.8% 14.5% ‡ 41.0% ‡	21.6% 17.6% ‡ 32.7% ‡	17.2% 21.2% ‡ 24.1% ‡
25.9% 17.2% 36.1% 32.6% 4.9 12.9	22.5% 12.5% 31.5% 38.7% 40.8 24.1	12.2% 17.8% 28.9% 37.0% 17.7	17.1% 13.1% 24.3% ‡ \$	‡ ‡ ‡ 4.3 ‡	‡ ‡ ‡ \$ 5.9	29.9% 21.7% 38.7% 37.6% 23.1 ‡	18.5% 10.8% 28.3% 31.0% 5.4	32.8% 14.5% ‡ 41.0% ‡	21.6% 17.6% ‡ 32.7% ‡	17.2% 21.2% ‡ 24.1% ‡
25.9% 17.2% 36.1% 32.6% 4.9 12.9	22.5% 12.5% 31.5% 38.7% 40.8 24.1	12.2% 17.8% 28.9% 37.0% 17.7	17.1% 13.1% 24.3% ‡ \$	‡ ‡ ‡ 4.3 ‡	‡ ‡ ‡ ‡ 5.9 38.3	29.9% 21.7% 38.7% 37.6% 23.1 ‡	18.5% 10.8% 28.3% 31.0% 5.4	32.8% 14.5% ‡ 41.0% ‡	21.6% 17.6% ‡ 32.7% ‡	17.2% 21.2% ‡ 24.1% ‡
25.9% 17.2% 36.1% 32.6% 4.9 12.9	22.5% 12.5% 31.5% 38.7% 40.8 24.1	12.2% 17.8% 28.9% 37.0% 17.7 34.3 31%	17.1% 13.1% 24.3% ‡ 6.9	‡ ‡ ‡ 4.3 ‡ 9%	‡ ‡ ‡ 5.9 38.3 18%	29.9% 21.7% 38.7% 37.6% 23.1 ‡ 14%	18.5% 10.8% 28.3% 31.0% 5.4 ‡	32.8% 14.5% ‡ 41.0% ‡ 21%	21.6% 17.6% ‡ 32.7% ‡ 12%	17.2% 21.2% ‡ 24.1% ‡ 4%
25.9% 17.2% 36.1% 32.6% 4.9 12.9 10%	22.5% 12.5% 31.5% 38.7% 40.8 24.1 13%	12.2% 17.8% 28.9% 37.0% 17.7 34.3 31%	17.1% 13.1% 24.3% ‡ 6.9 8%	‡ ‡ ‡ 4.3 ‡ 9% NO	‡ ‡ ‡ 5.9 38.3 18% T APPLIC	29.9% 21.7% 38.7% 37.6% 23.1 ‡ 14% ABLE ‡	18.5% 10.8% 28.3% 31.0% 5.4 ‡ 11%	32.8% 14.5% ‡ 41.0% ‡ 21%	21.6% 17.6% ‡ 32.7% ‡ 12%	17.2% 21.2% ‡ 24.1% ‡ 4%

Source: See descriptions of health indicators throughout this report for information on data sources.

Chapter 7 County Health Ranking Indicators

Indicators / Measures	Lenior	NC
Health Outcomes		
Premature Death (Years of Potential Life Lost)	11,100	7600
Low Birthweight (% of live births <2500 grams)	11%	9%
Health Factors		
Health Behaviors		
Adult Smoking (% of adults, current smokers)	24%	18%
Adult Obesity (% of adults 20 years older with BMI greater than 30 kg/m2)	37%	32%
Sexual Transmitted infections (Chlamydia cases per 100,000 pop)	944.00	647.80
Clinical Care		
Uninsured (% population under 65 without health insurance)	14%	13%
Preventable hospital stays (Ambulatory care among Medicare enrollees)	7,491	4539
Mammography Screening (% Medicare enrollees 65-74 years screened)	47%	46%
Flu Vaccinations (% fee for service Medicare enrollees that had flu shot)	51%	52%
Social & Economic Factors		
High School Completion	80%	88%
Some College	53.00%	67.00%
Unemployment	3.80%	3.90%
Children in Poverty	37.00%	19.00%
Children in single parent households (% of children in single parent household)	36.00%	28.00%
Violent crime (Number of violent crime offenses per 100,000 pop)	753	351.0
Physical Environment		
Air Pollution (particulate matter 2.5 in mg per cubic meter)	7.8	8.5

Areas to Explore Areas of Strength Needs Attention Doing Good

Source: County Health Rankings https://www.countyhealthrankings.org/

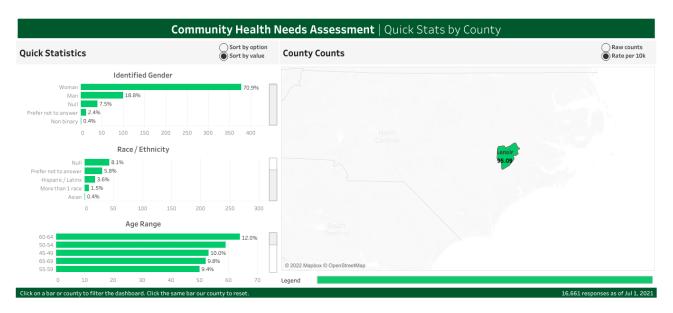
Population Health Model Length of Life (50%) **Health Outcomes** Quality of Life (50%) Tobacco Use Diet & Exercise Health Behaviors (30%) Alcohol & Drug Use Sexual Activity Access to Care Clinical Care (20%)Quality of Care **Health Factors** Education Employment Social & **Economic Factors** Income (40%) Family & Social Support Community Safety **Physical** Air & Water Quality Environment Policies & Programs (10%)Housing & Transit County Health Rankings model © 2014 UWPHI

The County Health Rankings are based on a model of community health that emphasizes the many factors that influence how long and how well we live. The Rankings use more than 30 measures that help communities understand how healthy their residents are today (health outcomes) and what will impact their health in the future (health factors). Explore the Model to learn more about these measures and how they fit together to provide a profile of community health

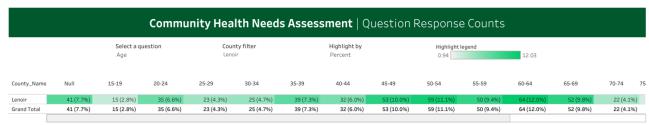
- There are many factors that influence how well and how long people live.
- The County Health Rankings model (right) is a population health model that uses data from different sources to help identify areas of concerns and strengths to help communities achieve health and wellness.
- The Rankings provides county-level data on health behavior, clinical care, social and economic and physical environment factors.

Chapter 8 Survey Findings

The attachment below is a graphical representation of the responses to each question. To view survey questions, see appendix A.



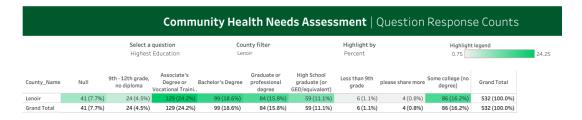








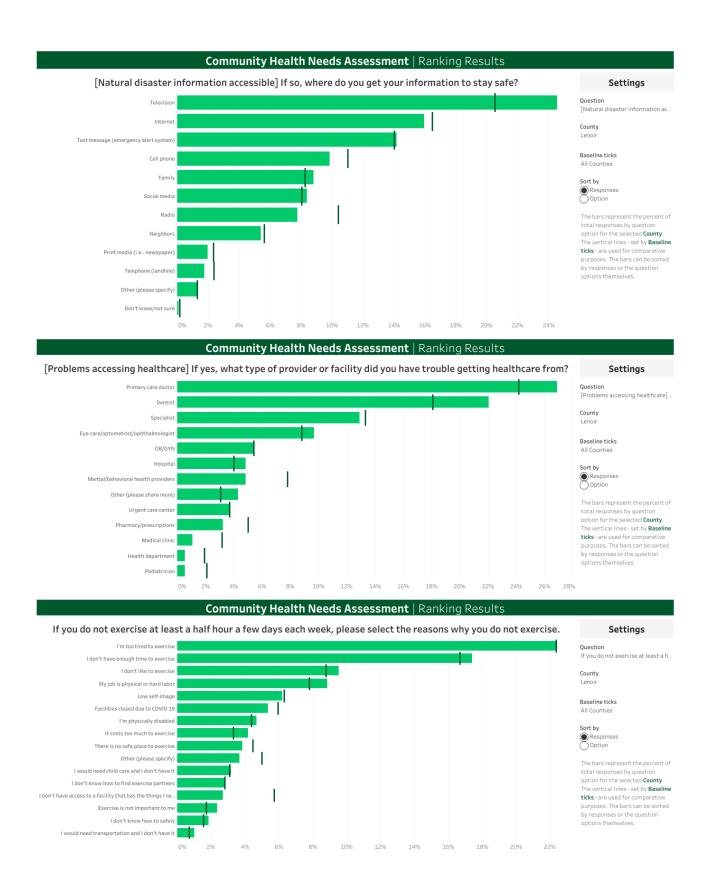


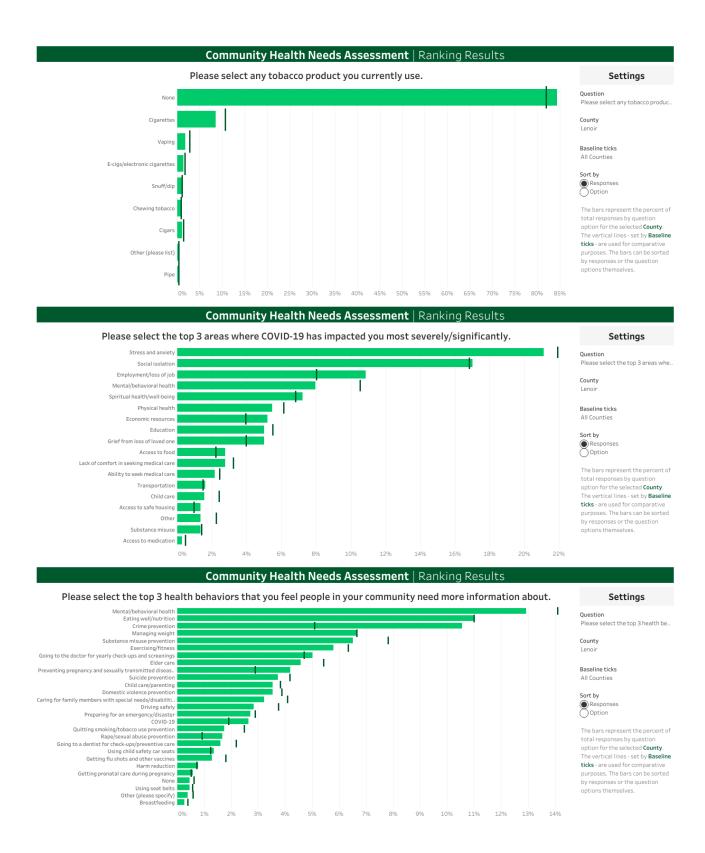


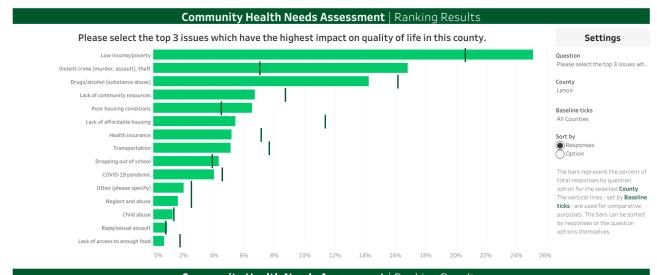




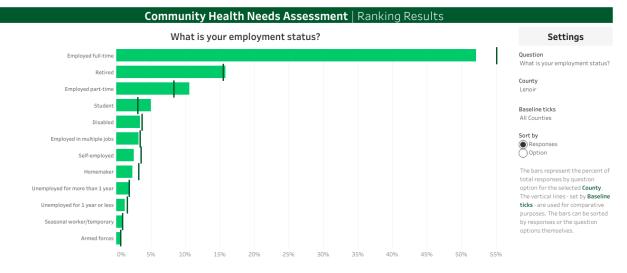
			Commu	nity Heal	lth Need	s Assess	ment C	uestion)	Respons	e Counts	
		Select a qu # in House		Coun Lenoi	ty filter ir		Highlight by Percent		Highlight 0.38	c legend	35.9
County_Name	Null	2	4-Mar	6-May	8-Jul	10-Sep	I live alone	More than 10	Grand Total		
Lenoir	54 (10.2%)	191 (35.9%)	161 (30.3%)	29 (5.5%)	2 (0.4%)	2 (0.4%)	91 (17.1%)	2 (0.4%)	532 (100.0%)		
Grand Total	54 (10.2%)	191 (35.9%)	161 (30.3%)	29 (5.5%)	2 (0.4%)	2 (0.4%)	91 (17.1%)	2 (0.4%)	532 (100.0%)		

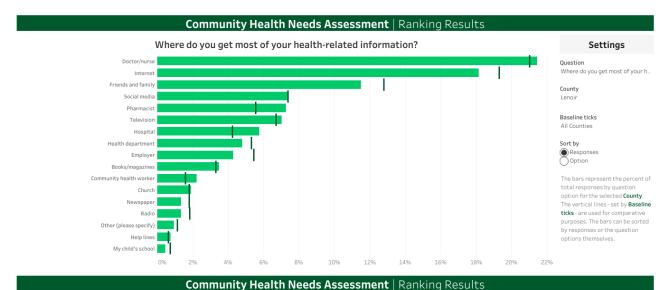


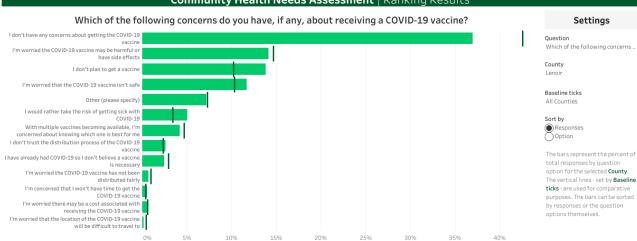


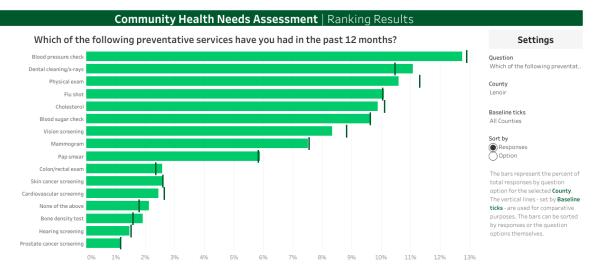


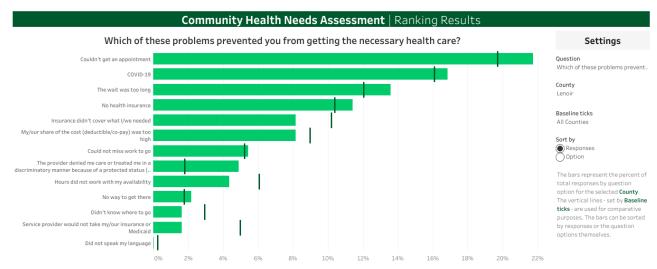


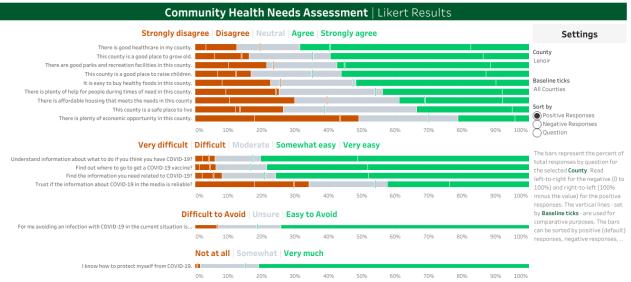












Chapter 9 Inventory of Resources



Charity Tracker is a system that connects those in need and gets organizations communicating with the community right away.



NC211 is an information and referral service connected to human and health services within their community.



Aunt Bertha (Findhelp.org) helps those in need find food, health, housing, and employment programs in seconds.



NCCARE360 is a connected services platform for community providers to coordinate services with those they serve and ensure that patients receive access that closes the loop on every referral made.

Word of Mouth is a community group on social media to get the word out about events and services within Lenoir County.

Community Resource Assistance for Lenoir County, NC

Carseats/Apply for Pre-K Lenoir -Greene Partnership for Children 1465 Hwy. 258 North Kinston, NC 28504 Lenoir (252)939-1200 Igpfc.org	Headstart/Early Headstart/Childcare Greene Lamp 309 Summit Avenue Kinston, NC 28501 Lenoir (252)523-7770 greenelamp.org	Affordable Housing Kinston Housing Authority 608 N. Queen Street Kinston, NC 28501 Lenoir (252)523-1195 khanc.org
Temporary Shelter and Nutrition Friends of the Homeless 112 N. Independence Street Kinston, NC 28501 Lenoir (252)522-2788	Rent[Utility Assistance, Food, Clothes Salvation Army 2110 N. Queen Street Kinston, NC 28501 Lenoir (252) 523-5175 salvationarmycarolinas.org/Kinst on/home	Financial Assistance With Utilities, meds, etc. Kinston InterChurch OutReach (ICOR) 107 E. Peyton Avenue Kinston, NC 28501 Lenoir Call between Ipm-2:30pm (252)522-4357 Inoirgreeneunitedway.org/Kinstoni nterchurch-outreach-icor
Transportation Assistance Lenoir County Transit 201 E. King Street Kinston, NC 28501 Lenoir (252)599-6457 lenoircountync.gov/transportationdepartme nt/sechedule-a-ride/	Searching for career path: Job/School Joblink Career Center/Lenoir Community College 231 Highway 58 South Kinston, NC 28502 Lenoir (252)527-7320 ncworks.gov	Clothes/Household Items Goodwill Industries 4190 W. Vernon Avenue Kinston, NC 28504 Lenoir (252)520-6624 gienc.org

	Low-Income Residence	Local Community Events
Free Lunch (Mon-Sat IOAM11:30AM) Mary 's Kitchen	Lenoir County Department of Social Services	Lenoir County Cooperative Extension Service 1791 NC Hwy 11/55
110 N. Independence Street Kinston, NC 28501 Lenoir (252) 523-1013 Stmaryskinton.com/articles/marykitchen/	Services 130 W. King Street Kinston, NC 28502 Lenoir Economic Services-LaTania DixonMoye (252) 559-6400 ncdhhs.gov/divisions/socialservi ces/lenoir-county- departmentsocial-services	Kinston, NC 28504 Lenoir Contact: Kelly Tyndall (252) 527-2191 Ienoir.ces.ncsu.edu
Local Community Events Lenoir County Cooperative Extension Service 1791 NC Hwy 1 1/55 Kinston, NC 28504 Lenoir Contact: Kelly Tyndall (252) 527- 2191 lenoir.ces.ncsu.edu	OBGYN/Denta1/Fami1y Medicine/BehavioraI Health/Pediatric (Sliding Fee Scale) Kinston Community Health Center. Inc 324 N. Queen Street Kinston, NC 28501 Lenoir Contact: Susan Paddy, ext. 1369 (252)522-9800 kinstonhealth.org	Domestic Abuse S.A.F.E. in Lenoir County, Inc. 2500 N. Heritage Street, Suite D Kinston, NC 28501 Lenoir Contact: Shikitheia Tindley (252) 523-5573 safeinlenoir- greene.org
Mental Health Lenoir County Port Health Services (Eastpointe) 2901 N. Heritage Street Kinston, NC 28501 Lenoir (252) 233-2383 porthealth.org	Pregnancy Center EPIC Center (Eastern Preznancy Information Clinic) 304 N. Queen Street Kinston, NC 28501 Lenoir Contact: Theresa Beverly (252) 523-9516 easternpregnancy.net	Breastfeeding-Nursery UNC-Lenoir 100 Airport Road Kinston, NC 28503 Lenoir (252) 522-7000 unclenoir.org/caretreatment/pregna ncy-birth/

Breastfeeding [Lactation Consultant Vidant Medical Center 2100 Stantonsburg Road Greenville, NC 27834 Pitt (252) 847-0892 vidanthealth.com/services/womensservices/	Alcohol & Drug Abuse Information & Treatment, Mental Health Lenoir County Mental Health 2901 N. Heritage Street Kinston, NC 28501 Lenoir (252) 527-7086	Recreation Activities Lenoir County Parks and Recreation 2602 W. Vernon Avenue Kinston, NC 28501 Lenoir (252) 939-3332 Kinstonrec.com
newborn-care/ Latino Farm Worker Outreach Services Greene County Healthcare, Inc. 7 Professional Drive Kinston, NC 28580 Lenoir Contact: Walkyria Sessions, ext. 2332 (252) 747-4078 gchcinc.org		

Chapter 10 Community Prioritization Process

The Lenoir County Community Health Assessment Planning/Review steering group made up of representatives from Lenoir County Health Department and UNC Lenoir Health Care met on November 5th and November 18,th 2021 at UNC Lenoir Health Care to prepare the meeting agenda and primary and secondary data information to share as handouts with Alliance members in preparation for the November 30th, 2021 Alliance meeting.

The Lenoir County Alliance for a Healthy Community met in person from 8:30-11:30 am on Tuesday, November 30th at the offices of Lenoir County Cooperative Extension. The meeting was promoted to community agencies and interested individuals as an open meeting with breakfast provided. The Lenoir County Alliance serves as the Community Health Assessment Planning/Review group.

A review of the group work of the Lenoir County cycle of CHNA, the Health ENC regional CHNA processes, and the 2019 priorities were presented. The Lenoir County Health Department identified ten topic areas by comparing data scored highly among Health ENC Data Findings, Healthy NC 2030 Indicators, and the Conduent Healthy Communities Institute (HCI) data platform topic scoring for Lenoir County. The three data platforms helped shape the ten indicators for the 2021 prioritization. The goal of the meeting was to prioritize issues for community strategies in the new CHNA cycle.

Using the handouts: October 2021 Conduent HCl topic scoring tool; LCHD CHNA Ten Priorities; Health ENC Community Survey Results, each participant was able to review the synthesis of results in each category. The top three Conduent HCl indicators were: Wellness & Lifestyle, Prevention and Safety, and Oral Health. The group was urged to use the Conduent HCl secondary data to help confirm the perceptions as prioritizations were made. The Health ENC Community Survey ranked the top three quality of life issues as Income/Poverty, Violent Crime, and Substance Abuse.

A discussion focused on the issue of transportation affecting all areas of need and uncertainty about any community improvement in this area as it was highlighted in two community task forces pre-COVID. The group also discussed community health issues, including COVID pandemic, child abuse, and mental health.

The Lenoir County Health Director provided detail about the CHNA Ten Priorities handout, with the topic areas identified as the highest-scoring across the three data sources. The ten top areas were also identified on posters around the room. They were:

- 1. Wellness and Lifestyle
- 2. Prevention and Safety
- 3. Community-transportation
- 4. Maternal, Fetal & Infant Health
- 5. Cancer
- 6. Economy
- 7. Heart Disease

- 8. Mortality Data
- 9. Mental Health & Mental Disorders
- 10. Immunizations & Infectious Diseases

The group discussed previous CHNA Action Plan priorities, community capacity to address and impact items of concern, existing priorities of participant organization/agencies, and likely success or progress in current areas of further focus. The group highlighted the following as important key ideas related to selection: present work and energy around certain problems, resources available, length of time to see change, and obvious combined themes of issues that surrounded several issues. The number of priorities was limited to three for these reasons.

The next part of the process included all Alliance members being given 3 stickers each for selecting within the ten top issues that were posted on posters around the room and as described above. Instructions included having each person assign one sticker placement on each of the three most important issues. The group was also asked to use sticky notes to add to each selected topics identifying resources, ideas for action, and who will work on the issue.

The highest stickered issues were in four identified areas with a tie between Mental Health & Mental Disorders and Prevention and Safety. They were:

- 1. Wellness & Lifestyle
- 2. Immunizations & Infectious Diseases
- 3. Mental Health & Mental Disorders/ Prevention and Safety

Because there was a third category tie, the group further discussed Mental Health & Mental Disorders and Prevention and Safety by reading aloud the sticky note information that was added for each tying topic. This gave the group more context for the individual issues/concerns in the selections.

Everyone was then provided one sticker to revote for the third priority.

This time there was also a tie. The group then held discussion about the two topics and agreed that Substance Abuse is the single core issue across both topics and best mirrors the third community survey identified issue, and would be the third priority. The group vote was unanimous for the third priority selection that finalized the selection of priorities in the following issues over the next community health needs assessment cycle period:

- + Wellness & Lifestyle
- + Immunizations & Infectious Diseases
- + Substance Abuse

Community	Needs Not Addressed
Community Need	Reasons Needs Not Addressed
Community- transportation	The prioritization group felt that this is an ongoing and important issue in the community. There was discussion at the last prioritization in 2019 about this and in 2021 it was felt that there is continued community interest by a number of stakeholders but were unsure of where that work was left given the COVID impact on community resources over last two years. Group wants to continue to elevate issue for more work on issue.
Maternal, Fetal &Infant Health	The prioritization group identified several areas of strength in the community in this area that are already working on important objectives.
Cancer	UNC Lenoir Health Care provides screenings for colorectal, lung cancers and educational sessions for prostate and skin. A multi-organization collaborative has expanded mammogram screening in Lenoir County for more access to those without insurance. A head and neck cancer screening program was started in 2019. Cancer treatment is a part of core hospital services. Cancer program accreditation achieved in 2019.
Economy	The prioritization group did not select this area to address due to multiple organizations working on workforce readiness, new employment opportunities with Masterbrand cabinets and other employer expansion. UNC Lenoir has over 100 vacancies that we are seeking to fill at this time.
Heart Disease	UNC Lenoir Health Care offers risk factor reduction programming through the Minges Wellness Center. Comprehensive heart services are part of core hospital services. Stroke care is a targeted focus of UNC Lenoir Health Care primary stroke certification and program. UNC Lenoir Health Care offers free HTN classes and three BP screening machines for community use. A heart failure program has been implemented including community paramedic components for home education.
Mortality Data	The prioritization group need not select. There are available resources for the measurements of data including Healthy Communities Institute with over 180 health indicators for Lenoir County access.
Mental Health & Mental Disorders	The prioritization group felt that the key area of need within this topic is substance abuse which was chosen after discussion as a priority.

CHNA References

 $Data\ Sources\ and\ References\ for\ ENC\ Health\ Community\ Health\ Assessment\ (2020-2021)$

Health Outcomes	Source	Years
ife expectancy	NC-DHHS State Center for Health Statistics	2014-2018
Leading causes of death	NC-DHHS State Center for Health Statistics / CDC, NCHS	2019
Fetal deaths and fetal death rates	NC-DHHS State Center for Health Statistics	2014-2018
Leading causes of injury death, hospitalization, and ED visits	NC-DHHS, Injury & Violence Prevention Branch	2016-2019
Communicable diseases	NC-DHHS State Center for Health Statistics	2018
Clinical Care Population per primary care physicians	Source Cecil G. Sheps, Center for Health Services Research, UNC	Years 2017
Physicians per population by county	Cecil G. Sheps, Center for Health Services Research, UNC	2019
Health Insurance Coverage	U.S. Census Bureau ACS 5-year Estimate	2015-2019
Government Health Insurance Only	U.S. Census Bureau ACS 5-year Estimate	
Health Behavior Factors	Source	Years
BRFSS	NC-DHHS State Center for Health Statistics	2018
Health ENC Primary Data Questions – Quality of Life, Behavior	Health ENC Report	2020-2021
Healthy NC, 2030	NCIOM / NC DHHS	2020
County Health Rankings	Robert Woods Johnson Foundation	Varies
Social and Economic Factors	Source	Years
Population	U.S. Census Bureau ACS 5-year Estimate	2015-201
Projected Population	NC Office of State Mgmt & Budget Pop Projections and US Census	2021
General population characteristics	Census Population Estimates	2015-201
Education	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Employment	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Income	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Minority Populations	U.S. Census Bureau, ACS 5-year Estimate	2015-201
• •		2015-201
Military Population	U.S. Census Bureau, ACS 5-year Estimate	
Veteran Population	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Birth Rate	NC State Center for Health Statistics	2016-201
Poverty (% of population with income <200% of poverty level)	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Poverty by race and ethnicity	U.S. Census Bureau ACS 5-year Estimate	2013-201
Children in poverty	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Older adults in poverty	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Disabled people in poverty	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Housing – Median monthly costs	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Housing – median monthly costs in surrounding counties	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Employment by industries	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Food Insecurity	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Percent of population below 200% by zip code	U.S. Census Bureau, ACS 5-year Estimate	2015-201
7 1	•	
Educational attainment	U.S. Census Bureau, ACS 5-year Estimate	2015-201
High School dropout rate (% dropout per 100 students)	N.C. Dept of Public Instruction	2016-202
High School suspension rate (% suspension per 100 students)	N.C. Dept of Public Instruction	2019-202
Transportation (% of workers commuting; % of workers drive alone)	U.S. Census Bureau, ACS 5-year Estimate	2015-201
Tier Designation (County Distress Ranking)	N.C. Department of Commerce	2021
G	Source	Years
Community and Safety Factors	272	
Community and Safety Factors Crime and Safety	N.C. State Bureau of Investigations, uniform crime report	2016-2019
		2016-2019 2017-2020
Crime and Safety	N.C. State Bureau of Investigations, uniform crime report NC. Dept. of Public Safety, juvenile justice county	2017-2020
Crime and Safety Juvenile Crime (% Undisciplined and % Delinquent per 1,000)	N.C. State Bureau of Investigations, uniform crime report NC. Dept. of Public Safety, juvenile justice county Databook	

Appendices to the Community Health Needs Assessment

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Appendix A: Evaluation of Progress Since Prior CHNA

Appendix A	Appendix A: Evaluation of Progress Since Prior CHNA				
Significan t Health Need Identifie dby UNC Lenoir Health Care in Precedin g 2019 CHNA	Planned UNC Lenoir Health Care Activities to Address Health Needs Identified in Preceding Implementa tion Strategy	Was Activity Implemen ted (Yes/No)	Results, Impact & Data Sources		
Exercise Nutrition Weight including High Percentage	Availability of low cost UNC	Yes	Target Measurement: CDC data reveals Lenoir County Adults with Obesity at 37% (County Health Rankings 2021) 2019: Four exercise topic education sessions offered free to community.		
of Adults with Obesity Goal #1: Increase physical activity for residents of Lenoir County.	Lenoir Hospital fitness center and free outdoor community walking track available for community exercise access		2020- UNC Lenoir Minges Wellness Center The on-site medically based fitness center for the community has 78 pieces of stationary exercise equipment with an average of 25 beginner's group exercise classes weekly. With a membership of 865 active individual members in FY20, monthly membership rates of \$20 per month assist an underserved community to initiate exercise plans. Our program partners with Silver Sneakers and Silver & Fit benefits for eligible community members. A number of free physical activity oriented educational sessions are offered throughout the year to the community by our exercise specialists. The Minges Wellness Center was closed due to Governor's COVID mandate from March-June this period but eight separate Facebook exercise and wellness options were provided. (Memberships tracked in UNC Lenoir Minges Wellness Center GymAssist database) Three exercise topic education sessions offered free to community. 2020- UNC Lenoir Community Walking Track averages over 500 walkers per month. Offered the use of the track for not-for-profit community organizations' walks x 2 in FY 20 for no fees. During a period of COVID precaution, the playground was closed per Governor's mandate.		
	Identify another potential community site for partnership to increase physical	Ongoing	2020: UNC Lenoir participated in year-long NC DOT planning to increase pedestrian/bicycle walkways within the City of Kinston. Implemented community-wide live Long Lenoir challenge in October to increase physical activity for residents to do at home during COVID 2019: Participant in Farm and Food Council Evaluation and Planning Event at Cooperative Extension		

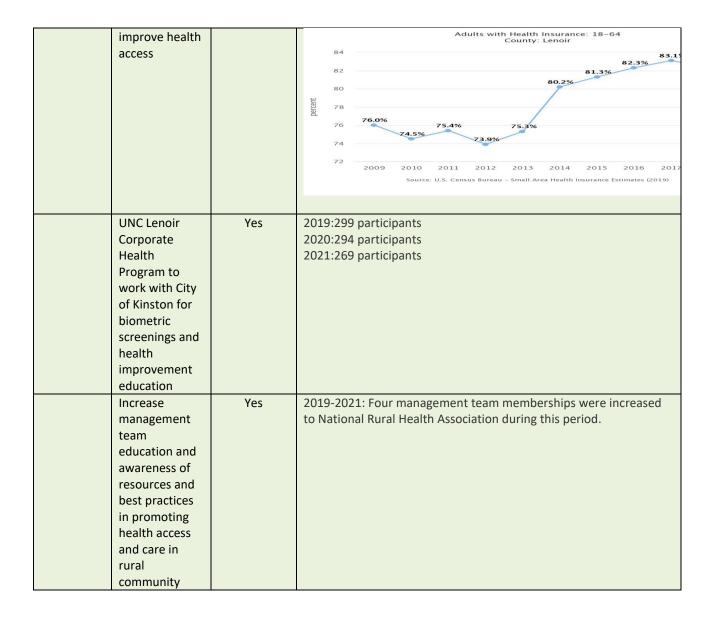
	activity for youth/families. Support community organizations with sponsorships targeting physical activity components of events.	Yes	2020: Offered Live Long Lenoir physical activity campaign to community-72 participants 2021: Offered Live Long Lenoir physical activity campaign to community in January- 73 participants and October-87 participants. 2019: LCC Foundation Golf Tournament, Shady Grove Methodist Church Cystic Fibrosis Race, Mother Earth Brewery Ironclad Race, Kinston Community Health Center Annual Fun Run, Greene County Chamber Golf Tournament, Kinston Host Lions Diabetes Walk, Dementia Alliance of NC Walk in Lenoir County, Pink Hill Rose Fest 5K, LCC Foundation Disc Golf Tournament, Caswell Center Golf Tournament, American Cancer Society Relay for Life, Lenoir Greene Young Life Golf Tournament 2020:Kinston Community Health Center Annual Fun Run, LCC Foundation Golf Tournament, Mother Earth Brewery Ironclad Run, Shady Grove Methodist Church Cystic Fibrosis Race, NLHS Booster Club Golf Tournament, Coastal Carolina Boys and Girls Club Golf Tournament, Dementia Alliance of NC Walk in Lenoir County, Partnership for Children Safe Kids Golf Tournament, LCC Foundation Disc Golf tournament, Lenoir County Relay for Life 2021:Lenoir Greene Young Life Golf tournament, American Cancer Society Relay for Life, ECU College of Nursing 5K, Shady Grove Methodist Church Cystic Fibrosis Race (UNC Lenoir Community Benefit tracked cash donations)
	Explore youth obesity prevention initiatives with LCPS	Ongoing	2020: UNC Lenoir met with LCPS Danielle Smith and reviewed multiple current strategies to increase healthy and fresh foods in menus including salad bar in middle schools, yogurt availability at breakfasts. Grant funding for nutrition is supporting 6 out of 9 elementary schools with a fruit or vegetable snack 3 x week. COVID impacted opportunities with staff and students within school system due to closings and virtual school requirements. Continue to explore in next cycle.
Goal #2: Increase nutrition education and healthy food behaviors for residents of Lenoir County	Support increased access to fresh fruits and vegetables to community.	Yes	2019: Rx Food Coupons at local farmers market offered as healthy fresh fruit and vegetable incentives in Diabetes program and Heart Failure Program. Heart Failure Program provided 60 Rx Food Coupons to the farmers market. 2020: Participated in Kinston BBQ Festival with nutrition education booth. Assisted underserved residents of the community with diabetes and pre-diabetes with access to local fresh fruits and vegetables through 86 incentive Rx coupons within program in partnership with Lenoir Hospital Foundation and Lenoir County Cooperative Extension at the local farmers market. Additionally, UNC Lenoir provided monthly onsite cooking demonstrations by a dietitian. Heart Failure Program provided 60 Rx Food Coupons to the local farmers market. Assisted Kinston/Lenoir County Farmers Market with technology for SNAP use at market site. 2021: Participated in Kinston BBQ festival with nutrition education booth. Rx Food Coupons at local farmers market used as healthy fresh fruit and vegetable incentives in Diabetes Program. Heart

	1	ı	
			Failure Program provided 60 Rx Food Coupons to the local farmers market.
	Develop Heart Failure Management program.	Yes	2019: Heart failure management program implemented through partial funding from The Duke Endowment with focus on daily weights, lowering sodium in diets and increasing self-management education via community paramedic home visits. Decreased CMS heart failure readmission rates to 18.8%. 2020: Programmatic nutrition education helped decrease CMS heart failure readmissions to 17.3% through August 2020. 2021: Active program continued with nutrition education without
			yearly final measurements at time of this report.
	Community weight loss programming and service line.	Yes	2019-2021: Healthy Life Weigh classes offered to community taught by RD. Monthly grocery store education at Piggly Wiggly location led by Rd except during height of COVID. Grew MNT programming through referrals and through EPIC EHR conversion for easier referrals to RD for weight loss and diabetes. 2019-2020: Women's Heart Series with expert provider presentations offered at Queen Street Deli to all women in February. 150 women participated each year. 2019: Bariatric program support groups open to community. The Baritastic© app is offered to community residents via UNCPN. 2021: Bariatric program nationally accredited with comprehensive program status.
	Lenoirwellness. org hosts healthy nutrition blog	Yes	2019-2021: RD monthly blog contributions made to website 2020: Live Long Lenoir implemented with nutrition and exercise offerings including external community exposure.
Substance			Target Measurements: Illicit drug use is no longer captured in the
Abuse Goal: Reduce drug misuse and abuse and	Develop UNC Lenoir Pain Stewardship	Yes	same manner within the National Survey on Drug Use and Health (NCDUH). Lenoir County death rate due to drug poisoning during 2017-2019 per 100k population = 23.7 revealed per County Health Rankings. 2020: Interdisciplinary committee initiated and meeting regularly.
increase access to substance	Committee		Implemented staff education brochure for non-pharmacological pin comfort measures including massage, dimming light, etc resulted in increased documentation of pain comfort interventions.
abuse providers	Community drug safety education project for youth	No	2021: No elementary school was targeted due to COVID priorities in 20/21 school year.
	Pharmacist presentations to community about safe	Yes	2019-2021: Pharmacist provided education session including handout to three classes each year with 25 persons attending each year

medication				
practices Emergency Department participation in UNC Roundtable for system-wide best practices for ED discharge prescription guidelines for narcotics	Yes	2019-2021: ED leadership participated in system-wide changes for safer ED discharge for pain control practices resulting in limiting the number of narcotics dispensed and the number of pills prescribed. 2021 use of EPIC ehr contains defaults that assist in control of prescribing practices. Outpatient Opioid Prescriptions, 2016 - 2020 Outpatient Opioid Prescriptions		
		0 2004 2017 2018 2019 2000 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		
Physician recruitment support for physician pain specialist in Lenoir County	Yes	2019-2021: Referrals increased to pain specialist 2019-2021: Pain specialist presentations to community residents each year with @ 25 persons attending each year		
Provide community medication management tools	Yes	2019-2021: Provided 1050 free personal medication cards to community residents. 2020: Implemented Med Action Plan within the Heart failure Program for 50 high risk patients to assist with medication management behaviors. 100% med management knowledge increase with all participants. Participated in Overdose Awareness Day with educational community messaging. 2021: Helped bring NC Med Assist to community on March 12, 2021 at Grainger Stadium for non-prescription giveaway and education community event.		
Provide community educational presentations focused on alternative pain management measures	Yes	2019: Acupuncture presentation provided by local acupuncturist. 2021: Emmanuel Memorial Hill Church wellness presentation virtually- 20 participants		
Support Lenoir County Mental Health Crisis Collaborative	No	Changes in Lenoir County Eastpointe ended Eastpointe leadership for formal collaborative during this time.		
Maintain Neonatal Abstinence Program to screen all newborns that	Yes	In January 2021, the Neonatal Abstinence Program transitioned to the Eat, Sleep & Console initiative which was developed to decrease the use of Morphine for infants that are born to mothers who have used illegal drugs. The initiative is sponsored by PQCNC (Perinatal Quality Collaborative of NC.) All mothers are screened via survey and drug screen with opiate infected infants consoled first prior and		

	have a history of exposure to illegal substances in utero and incorporate new requirements for Substance Affected infant within the local community.		sometimes in lieu of opiate taper treatment. Since January, 2021, nearly 3% of deliveries/infants received consolation therapy in the program.
	Lenoir County opiate Task Force	No	Task Force became inactive during this period.
Access to Health Services			Target Measurement: Primary Care Provider rate for Lenoir County: 46 providers per 100,000 pop vs. NC value of 71. (2018 County Health Rankings)
Goal: Improve Access to health services	Partner for roll- out of NCCARE360 in Lenoir County for enhanced care coordination.	Yes	2020: Lenoir County activated project with community presentations and per state timeline
	Physician recruitment from UNC Lenoir Health Care	Yes	2019: (5) orthopedic surgery, infectious disease, cardiology, endocrinology, pain medicine 2020 (3) general surgery, family medicine, vascular surgery 2021 (7) orthopedic surgery, vascular surgery, general surgery, pulmonology, OB GYN, radiation oncology
	Transportation Issues	Yes	2019-2020: Kinston/Lenoir County Chamber of Commerce and Lenoir Community College initiated community stakeholders to explore issues. UNC Lenoir community health team also joined regional Health ENC working group for transportation needs identified in regional CHNA
	Increase faith- based sites for health education outreach	Yes	2019: Jerusalem Free Will Baptist Church- 15 participants 2020: Neuse Baptist Church- 20 participants 2021: Emanuel Hill Baptist Church -20 participants virtually
	Maintain Lenoir County Alliance for a Healthy Community	Yes	2019-2021: Leadership and administrative support was provided in order to conduct monthly meetings. During 2020- 2021, meetings were held virtually
	Maintain Healthy Communities database	Yes	2019: The Lenoir Hospital Foundation provided half the expense to maintain with UNC Lenoir Health Care to cover cost (200 health indicators for Lenoir County in lenoirwellness.org based database) 2020-2021: 237 health indicators for Lenoir County in lenoirwellness.org based database

c e	Medicare/Medi caid eligible enrollments are promoted	Yes	2019-2021: Annual hospital sponsored Medicare SHIIP presentation on and off-site (@50 persons per event). Medicaid caseworkers are hosted on-site.
C	Kinston Community Health Center (KCHC) support	Yes	2019-2020- Loaned director to serve on KCHC board of directors 2021: KCHC mobile van implemented in community
P P P p o L H	CDC Diabetes Prevention Program: Prediabetes program offered at Lenoir County Health Department LCHD)	Yes	2019-2021: LCHD staff participate in quarterly UNC Lenoir sponsored diabetes advisory group for planning and updates.
E L li	Enhance UNC Lenoir service ines across community	yes	2019: CAP DA program slot increase requested for Lenoir County. NC Medicaid took over waiting list management to decease wait times 2020: PET scan increased availability by adding openings on Thursdays/bi-weekly. Cardiac Rehab program increased slots with increased staffing during program times and decreased delay to start from 40 days to 26 days. COMPASS referrals are made per Stroke Coordinator for paramedic visits at home 2021: Cardiac Rehab program decreased delay to start from 26 days to 13 days.
P	Heart Failure Program Development	Yes	Community Paramedic Program provided home visits to patients in program for education and interventions. Referrals to program: CY 2019:573 CY 2020:434 CY 2021:396
c s a u	ncrease breast cancer screening to access underserved community	Yes	2019-2021: Partnered with LCHD to increase annual mammogram screenings by 20 additional screens per year through funding.
li e a lo p n h ii c	ncrease education and awareness for ocal oppulation needs for nealth nsurance coverage in order to ncrease and	Yes	Fostered education and awareness of insurance open enrollments. Increased education in community of free COVID testing and vaccination sites. Hosted free COVID testing and vaccination clinics onsite.



Appendix B: Community Health Needs Assessment Survey (Health ENC 2021)

Community Health Needs Assessment

Hello, please take a few minutes to complete the survey below. The purpose of this survey is to get your opinion about community health issues. Once we have gathered all of the surveys, we plan to compile this information and use it to develop a community health improvement plan with our community public health partners in the area. Thank you for taking time to help identify our most pressing health problems and issues to make our community a better and healthier place to live!

Section I.		
Please take a moment to think about the county you live in and tell us how	v you	feel

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
There is good healthcare in my county.	0	0	0	0	O
This county is a good place to raise children.	0	0	0	0	0
This county is a good place to grow old.		0	O	0	0
There is plenty of economic opportunity in this county.	0	0	0	0	0
This county is a safe place to live	0	0	0	0	0
There is plenty of help for people during times of need in this county.	0	0	0	0	Ο
There is affordable housing that meets the needs in this county	0	0	0	0	0
There are good parks and recreation facilities in this	0	0	0	0	0
county. It is easy to buy healthy foods in this county.	0	0	0	0	Ο
about each of the following;					

Section II.

Please answer the questions below regarding in the most improvement and health behavior information about.	
03/17/2021 1:07pm	
Please select the top 3 issues which have the highest [3 Low incollife in this county.	ome/poverty impact on quality of
	☐ Poor housing conditions
	☐ Lack of affordable housing
	☐ Lack of community resources
	[3 Violent crime (murder, assault) Theft
	☐ Drugs/Alcohol (Substance Use)
	☐ Rape/Sexual Assault
	☐ Neglect and Abuse
	☐ Transportation
	O Child Abuse
	O health insurance
	☐ Lack of access to enough food
	O COVID-19 pandemic
	☐ Other (please specify)
Other	
Please select what you feel are the top 3 services O Animal cor improvement in your community. O Child care options	ntrol that need the most
p. 3. 3. mene in your community. O child care options	Cl Elden come antique

C] Elder care options

☐ Services for disabled people More affordable health services

C] Better/More healthy food choices

	☐ More affordable / better housing
	C] Number of healthcare providers
	Culturally appropriate health services
	Counseling / mental and behavioral health /
	support groups
	☐ Better / more recreational facilities (parks, trails,
	community centers)
	☐ Substance Misuse Services/ Recovery
	Support
	Positive teen activities
	☐ Transportation options
	O Availability of employment
	O Higher paying employment
	Road maintenance
	Pedestrian and cyclist road safety
	O Healthy family activities
	O None
	Other (please specify)
	Other (please specify)
Other	
Other	
	
	☐ Eating well/nutrition people in
your community need more information about. Using	child safety car seats
	☐ Exercising/fitness
	O Managing weight
	O Using seat belts
	C] Suicide prevention
	☐ Driving safely
	☐ Mental/Behavioral Health
	☐ Domestic violence prevention
	O Crime prevention
	O Elder care
	O Child care/parenting
	Rape/sexual abuse prevention
	O COVID-19
	☐ Going to a dentist for check-ups/preventive care
	Quitting smoking/tobacco use prevention
	L INDECEDE O MICHE PROVEDIAN
	☐ Substance misuse prevention
	Harm reduction
	Harm reduction O Breastfeeding
	Harm reduction O Breastfeeding □ Going to the doctor for yearly check-ups and
	Harm reduction O Breastfeeding □ Going to the doctor for yearly check-ups and screenings
	Harm reduction O Breastfeeding □ Going to the doctor for yearly check-ups and screenings □ Getting prenatal care during pregnancy
	Harm reduction O Breastfeeding □ Going to the doctor for yearly check-ups and screenings

	□ Caring for family members with special needs I disabilities C] Preventing pregnancy and sexually transmitted diseases (safe sex) O None
	☐ Other (please specify)
Other	
out.	
Please select the top 3 areas where COVID-19 have Ensewerely/significantly? Access to food	nployment/Loss of Job impacted you most
	☐ Access to safe housing
	Transportation
	Education
	☐ Physical Health
	☐ Mental/Behavioral Health
	Substance Misuse
	☐ Stress and anxiety
	Economic Resources
	☐ Ability to seek medical care C] Social
	isolation
	Grief from loss of loved one
	[3 Access to medication
	☐ Lack of comfort in seeking medical care
	☐ Spiritual Health/Well-being
	Child care
	Other
Other	
Section III	
Please answer the questions below regarding and excercise.	health information in your community
Where do you get most of your health-related Friends a that apply) Internet	and family information? (Please check all
	Social Media
	☐ Employer
	Television

	O Radio				
	Doctor / Nurse				
	☐ MY child's school				
	☐ Help lines				
	Pharmacist				
	☐ Hospital				
	C] Books / magazines				
	Church				
□не	ealth department				
	mmunity health worker				
	Newspaper				
	☐ Other (please specify)				
Prevention Other					
Trevention other					
Which of the following preventative services have you	☐ Mammogram				
had in the past 12 months? (Check all that apply)	[3 Prostate cancer screening				
	O Colon / Rectal exam				
	☐ Blood sugar check Cholesterol				
	☐ Hearing Screening				
	☐ Bone density test				
	☐ Physical Exam				
	☐ Pap Smear				
	O Flu shot				
	C] Blood pressure check				
	O Skin cancer screening				
	☐ Vision screening				
	C] Cardiovascular screening				
	☐ Dental cleaning / x-rays				
	None of the above				
During a normal week, other than in your regular	O Yes How many times per week?				
job, do you engage in any physical activity or	O Don't know [not sure				
exercise that lasts at least a half an hour? (Please					
select only one)					
How many times per week?	01				
The state of the s	<u>-</u>				
02					
	0 4 times or more per week				
	o i times of more per week				
If you do not exercise at least a half hour a few days	☐ My job is physical or hard labor. each				
week, please select the reasons why you do not	Exercise is not important to me.				
	•				
exercise? (Please select all that apply) It costs too mu					
	\square There is no safe place to exercise.				

	☐ I don't have enough time to exercise. O I'm too tired to exercise. C] I would need child care and I don't have it. ☐ 1 ¹ m physically disabled. C] I don't know how to find exercise partners. ☐ I don't know how to safely ☐ I would need transportation and I don't have it. I don't like to exercise. ☐ I don't have access to a facility that has the things I need, like a pool, golf course, or a track. Facilities closed due to COVID 19 ☐ Low self-image C] Other (please specify)
Other	
Section IV.	
Please answer the following about any tobacco produ shot and/ or COVID vaccine or problems getting healt	
Please select any tobacco product you currently use,	O Cigarettes O E-cigs / electronic cigarettes O Chewing Tobacco O Vaping O Pipe O Cigars O Snuff / Dip O please list: O None
Where would you go for help if you wanted to quit?	O Quit Line NC O Doctor O Pharmacy O Health Dept O Private counselor / therapist O I don't know O N/A, I don't want to quit O Other (please share more)
Other	<u> </u>

LENOIR COUNTY 2021-2022 Community Health Needs Assessment

An influenza / flu vaccine can be a "flu shot" injected into your as or a spray like "Flu Mist" which is sprayed into your nose. During the past 12 months, have you received a seasonal flu vaccine? (Choose only one)	
If you did not get your flu vaccine, why not? Please check any barriers.	O cost O transportation O access O time O fear O need more info / have questions O personal preference
Have you had a COVID-19 vaccine?	O Yes O No O Don't know or not sure
If you did not get your COVID-19 vaccine, why not? Please check any barriers.	O cost O transportation O access O time O fear O need more info / have questions O personal preference O other
In the past 12 months, did you have a problem getting the health care you needed for you personally or for a family member from any type of health care provider, dentist, pharmacy, or other facility? (Please choose only one)	O Yes O No O Don ^a t know or not sure
If yes, what type of provider or facility did you have trouble getting healthcare from? (Please choose all that apply)	Dentist Primary Care Doctor Pediatrician O OB / GYN O Urgent care center Medical clinic O Hospital O Health department O Specialist O Eye care / optometrist / opthamologist Pharmacy / prescriptions Mental/Behavioral Health Providers O Other (please share more)
Other	

Which of these problems prevented you from getting the necessary health care? (Please choose all that apply) No health insurance Insurance didn't cover what I / we needed. My / our share of the cost (deductible / co-pay) was too high. O Service provider would not take my / our insurance or Medicaid. O NO way to get there. □ Didn't know where to go	☐ Couldn't get an appointment O The wait was too long ☐ Did not speak my language ☐ Could not miss work to go ☐ Hours did not work with my availability O COVID 19 ☐ The provider denied me care or treated me in a discriminatory manner because of a protected status (age, race, sexual preference, disease, etc.)
Section V. Please answer the questions below regarding disasters, staying safe, having enough food and a	-
know about your community.	
In a natural disaster (hurricane, flooding, tornado, etc.), do you feel like you know how to access or find the information you need to stay safe?	O Yes O No O Don't know or not sure
If so, where do you get your information to stay safe?	O television O radio O internet O telephone (landline) O cell phone O print media (i.e newspaper) O social media O neighbors O family O text message (emergency alert system) O Don't know / not sure O Other (please specify)
Other	c conce (pressed speed)
	Yes whether your family's ? (Please choose only one)
Is there anything else you would like for us to	know about your community?

Part II. Demographics

Please answer questions so we can see how people in the community feel about local health issues.

How would you describe yourself?	O Woman O Man O Non binary O Not listed, please share more: O Prefer not to answer
How old are you?	0 15-19 0 20-24 0 25-29 0 30-34 0 35-39 0 40-44 0 45-49 0 50-54 0 55-59 0 60-64 0 65-69 0 70-74 0 75-79 0 80-84 0 85 +
How do you describe your race/ethnicity?	O Asian O Black / African American O Hispanic I Latinx O Native American O Pacific Islander O White / Caucasian O More than 1 race O Prefer not to answer
Is English the primary language spoken in your home?	O Yes O No
If no, please share which primary language	O Spanish O Creole O French O Chinese O Other

LENOIR COUNTY 2021-2022 Community Health Needs Assessment

What is your marital status?	O Never married/Single
Time to your maritar states:	O Married
	O Unmarried partner
	O Divorced
	O Widowed
	O Separated
	O please share more
What is the highest level of education you have O Les	
grade, no diploma	5 than 5th grade completed. 5 5th 12th
B. 2007, T. C. E. P. C. T.	O High School graduate (or GED/equivalent)
	O Associate ^l s Degree or Vocational Training
	O Some college (no degree)
	O Bachelor's Degree
	O Graduate or professional degree
	O please share more
	·
Please share more	
ricase silate fillote	
How is your current job best described?	O Agriculture
	O Business / Industry
	O Retail
	O Homemaker
	O Government
	O Healthcare
	O Student
	O Education
	O Food Service
	O please share more
	·
Please share more	
riedse stidte more	

LENOIR COUNTY

2021-2022 Community Health Needs Assessment

What is your total household income?	O Less than \$10,000				
	O \$10,000 to \$14,999				
	O \$15,000 to \$24,999 O \$25,000 to \$34,999				
	O \$35,000 to \$49,999				
	O \$50,000 to \$74,999				
	O \$75,000 to \$99,999				
	O \$100,000 or more				
How many people live in your household?	O I live alone				
	0 3-4				
	0 5-6				
	0 7-8				
	0 9-10				
	O More than 10				
What is your employment status? Please check all Employed	full-time that apply. O				
Employed part-time					
	\square Employed in multiple jobs				
	[3 Seasonal Worker/Temporary				
	D Retired				
	Armed forces				
	Disabled				
	Student				
	Homemaker				
	☐ Self-employed				
	☐ Unemployed for 1 year or less				
	C] Unemployed for more than 1 year				
What type of internet access do you have at your home?	O Dial up				
	O Broadband				
	O Wi-Fi				
	O Cellular or Hotspot				
	O None				
	O please share more				
Other					
					
Which county do you live in?	O Beaufort				
	O Bertie				
	O Bladen				

	O Camden
	O Carteret
	O Chowan
	O Cumberland
	O Currituck
	O Dare
	O Duplin
	O Edgecombe
	O Franklin
	O Gates
	O Greene
	O Halifax
	O Hertford
	O Hoke
	O Hyde
	O Johnston
	O Lenoir
	O Martin
	O Nash
	O Onslow
	O Pamlico
	O Pasquotank O
	Pender
	O Perquimans
	O Pender
	O Pitt
	O Sampson
	O Tyrrell
	O Washington
	O Wayne
	O Wilson O
	Other
Other	

Thank you for completing the above survey questions. If you have time and are interested, there are a few additional questions about COVID-19 and Climate Change that East Carolina University would like to ask you if you choose to complete.

Which of the following concerns do you have, if any, I don't plan to get a vaccine.

Which of the following concerns do you have, if any,	\square I don't plan to get a vaccine.
about receiving a COVID-19 vaccine? (Please select all	I'm worried that the COVID-19 vaccine isn't safe. that apply)
	COVID-19.
	O I'm worried the COVID-19 vaccine may be harmful or have side effects.
	D I'm worried there may be a cost associated with receiving the COVID-19 vaccine.
	C] I have already had COVID-19 so I don't believe a vaccine is necessary.
	☐ I don't trust the distribution process of the COVID-19 vaccine.
	I'm worried the COVID-19 vaccine has not been distributed fairly.
	O I'm worried that the location of the COVID-19 vaccine will be difficult to travel to.
	☐ I'm concerned that I wont have time to get the COVID-19 vaccine.
	☐ With multiple vaccines becoming available, 1 ¹ m concerned about knowing which one is best for me. ☐ I don't have any concerns about getting the COVID-19 vaccine. [3
	Other (please specify)
Other	

Since COVID-19, how easy or difficult would you say it is has been able to do the following,

	Very Difficult	Somewhat Difficult o	Something O	Somewhat Easy	Very Easy
Find the information you need related to COVID-19?		0	O	O	О
Find out where to go to get a COVID-19 vaccine?	0	0	0	Ο	0
Understand information about what to do if you think you have COVID-19?	0	0	O	0	0
Trust if the information about COVID-19 in the media is reliable?	0			0	0
Next, please tell us about y 19.	ou personal o	choices and p	ractices rela	ited to COVID-	
o from coronavirus.	Not at	all Somewhat Ve	ry much I know	how to protect my	self o o
	Extremely di	fficult	Something	Extro	emely easy
Global warming refers to the over the past 150 years may may change as a result. How Do you think that global warming is	y be increasin v do you feel	g more in the about the fol	future, and		_
Do you tillik that global warning is	парреппів:	10		nsure	
Assuming global warming is hap Caused mostly by natural change			ed mostly by h	uman activities is	? 0
, ,		0	None of the ak happening Other Don't know	oove because glob	al warming isn't
	Very worried	Somewhat w	orried Not	very worried No	ot at all worried
How worried are you about	0	O o global	warming?		

	Not at allOnly a little A		A mo	derate A	great deal	Don't know amount
How much do you think global o o o o O warming will harm you personally?						
	They are In 1 right now,	0 years, In	ı 25 yea	rs, In 50 years I	n 100 years, Ne	ver being harmed
When do you think global o United States?	0 0	0	0	O warming wi	ll start to harm	people in the
	More	<u> </u>		Less	Don	t know or not sure
Do you think the government o o a more or less to address global war			y should		Rarely	Never
How often do you discuss global warming with your friends and family?	0	O		0	0	
	At least once a week o	At least o		Several times a year o	Once a year of less often	
How often do you hear about global warming in the media?						O
Thank you for your participation! P	lease feel free to	include an	y additio	onal comments	in the box belov	v.

2021-2022 Evaluación de las Necesidades de Salud de la Comunidad Sección I

Piense en el condado en el que vive. Díganos cómo se sientecon respecto a cada una de las siguientes afirmaciona.

Se permite una selección por colurnna.	Totalmente en Desacuerdo	Desacuerdo	Neutral	De Acuerdo	Totalmente en Acuerdo
Hay buena atención médica en mi condado.	0	0	О	О	O
condado es un buen lugar para criarniños.	О	О	О	О	О
Este condado es un buen lugar para envejecer.		О	O	0	0
Hay mchas oportunidades económicas en este condado.					
	O	O	O	0	O
condado es un lugar seguro para vivir.	О	O	О	О	О
Hay mucha ayudapara las personas en tiempos de neces idad en este condado.					О
	О	O	О	О	
Hay viviendas asequibles quesatisfaccn las necesidades de estecondado.				О	О
	О	О	О		
Hay buenos parques e instalaciones recreativas en este condado.	_	_	_	0	0
	O	O	O		
Es fácil conpraralimentos saludables en este					
condado.	O	O	О	О	O

Sección II

Responda laspr«untas a continuación sobre los impados en la calidadde vida, los servicios que necesüan más mejorasy los comportamientos de salud sobre los que laspersonas de su comunidad necaitan información.

Por fa»or, seleccione los 3 problemas principales que tienen e	l mayor impacto en la calidad de vida en este condado.
o bajos ingresos/pobrem D desigualdad racial	violación/agresiónsexual a negligencia y abuso di transporte
Cl violencia en el hogar □ abandonarla escuela	D abusoinfanül □ abuso de/rmltrato de personas
Cl contaminación (aire, agua, tierra) D malas condiciones de vivienda c] falta de vivienda asequible a falta de recursos coumitarios □ crimen violento (asesinato, asalto) □ robo a	mayores Cl desesperación a falta de o insuficiente seguro médico □ acceso limitado a alimentos saludables
drogas/alcohol (abuso de sustancias) Cl	

Cl falta de acceso a suficientes alimentos □ pandemia de COVID-19 a otra, (por	O estrés y ansiedad □ recursos económicos □ capacidadpara
Por fmor, seleccione los que considere que son los 3 servic □ control de animal □ opciones decuidadode niños	ios principales que necesitan más mejoras en s u comunidad a servicios de abuso de sustancia/apoyo para la recuperación a actividades positivas paraadolescentes
□ opciones de cuidado de ancianos	popoines de transporte
a servicios para personas discapacitadas	☐ disponibilidadde envleo
□ servicios desaludnú asequibles	a envleo ITEjor remunerado
□ opciones de alimentos mejores/más saludables Cl vivienda nús asequible/mejor	a mantenimiento de carreteras a seguridad vialpeatonaly ciclista
a número de proveedores de atención médica	☐ actividades familiares saludables
Cl servicios de salud culturalmente apropiados a asesoramiento/salud mental y conductual/grupos de apoyo	a falta de accesoa suficientes alimentos a ninguno
	eros, cenfros comunitarios) otro, (por favor especifica)
Por fa»or, seleccione los 3 comportamientos de salud principales información. E corner bien/nutrición	sobre los que cree que las personas de su comunidad necesitan más ir al dentista para chequeos/cuidados preventivos
E uso de asientos de seguridad para niños	☐ dejar de furmr/prevención del consunn de tabaco
□ ejercicio/fitness	Cl prevención del uso indebido de sustancias
□ controlarcl peso	a reducciónde daños
□ usar cinturones de seguridad	a anumantamiento
a prevención del suicidio	c] ir al doctorpara chequeos anuales y e)ónwnes
conduciendo con seguridad	recibir atención prenatal durante el embarazo
O salud n•mtal/conductual c) prevención de la violencia doméstica	☐ recibir vacunas conu•a la gripe y otras vacunas o prepararse para una emergencia/desaüe
O prevención del crinEn	o cuidado deancianos
o cuidado de niños/crianza de los hijos	c) prevenciónde violación/abuso semal
□COVID-19	□ ninguno
□ cuidara miembros de la familia con necesidades especiales/disc detransnisiónsemal (sexo seguro) a otro, (por favor especifica)	capacidades prevenir el embarazo y las enfermedades
Por fmor, seleccione las 3 áreas principales en las que COVID-19 favorespecifica)	buscar atención nidica a
empleo/pérdida de trabajo acceso a la comida	aislamiento social □ dolorporla pérdida de un serquerido a
acceso a una vivienda segura transporte a	accesoamedicación a falta de
educación salud fisica salud nEntaVconductual o	comodidad al buscar atención
nul uso desustancia o cuidado delos niños	nidica a salud/bienestarespiritual

84

 c) otro, (porfavorespecifica)

Sección 111

Porra vor responda las siguientespregwtas sobw la informadón médica en su comunidad

¿De dónde obtiene la mayor parte de la información relaciona	ada con su salud? (marque todas las opciones que correspondan)
□ amigos y familia	a farnucéutico
□intemet	Cl hospital
E redes sociales	a libros/revistas
□ enpleador	□iglesia
D televisión	a departanM1tode salud
a radio	a trabajadorcomunitario de salud
a doctor/enfernEra	a periódico
a la escuela de mihijo	a líneas de ayuda
□otro, (por favor especifica)	
¿Cuál de los siguientes servicios presentiM)s ha recibido en l	os últimos 12 mes es ? (marque todas las opciones que correspondan)
O mamgrafia a detección de	o prueba de Papanicolaou
cáncerde próstata e xa me n de	D vacunacontra la gripe a
colon/recto a control de aócaren	controlde la presiónarterial □
sangre a colesterol e xa me n de	detección de cáncer de piel a
audición	exanEn de la vista a cribado
O prueba de densidad ósea □	cardiovascular a linvieza
mamen fisico	dental/radioyafias ningunade las anteriores
Durante una semana normal, además de en su trabajo ha menos media hora? (por favor, seleccione solo uno)	abitual, ¿realizaalguna actividad fisica o ejercicio que dure al
c] Sí ¿Cuántas veces porsenuna?	
□ No sé/No estoy seguro(a)	
Si no hace ejercicioal menos media hora algunos días a la sen las opciones que correspondan)	nana, seleccione las razones por las que no hace ejercicio, (marque todas
n mi trabajo es fisico o duro	□ no sé hacer ejercicio de forna segura □
O el ejercicio no es invortante para mi a cues ta	necesitaría transportey no lo tengo o no
demasiado hacer ejercicio o no hay un lugar	gustahacer ejercicio a no tengo suficiente
seguro para hacerejercicio o es toy demasiado	tiempo para hacerejercicio □ instalaciones
cansado(a) para hacer ejercicio a baja autoinugen	cerradas debidoa COVID-19 a estoy fisicamente
a neces itaría cuidado de niños y no lo tengo	discapacitado a no sé cómo
	encontrarcornpañeros de ejercicio
a no tengo acceso a una instalaciónquetenga las cosas que ne	cesito, corm una piscina, un canvo de golfo una pista.

Sección IV

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Seleccione cualquierproducto de tabaco que actualmette usa, si ha recibido una vacuna contra la gripey/o la vacuna confra COPD y también si ha tenidoproblemaspara obtener atendón médica en su comunidad

Seleccione con cigarrillos a e-cigs/cigar a mascando t	rrillos elec			baco qı	ie utilic	e actualmente	a puros a rapé c] vapear
	en pipa		otro,	Gor	favor	especifica)	•
¿Adónde irí a Quit Line N			-	_	era deja	nr de fumar?	c] consejero/terapeuta privado
o doctor	(c) (iiiica	puru c	icjurac	rumur)			
a fannacia							a no sé o N/A, no quiero renunciar
o departanE	Entode sal	lud					c) otro, (porfavorespecifica)
•	contra la ir	ıfluen		-		•	una nebulización intranasal. Durante los últimos 12 meses, ¿ha recibido
c] Sí, vacuna C] Sí, vacun gripe a No □No se/No e	na intrana	asal c					
Si no recibio	ó la vacu	na co	ntra la	gripe,	¿por qı	ué no? (marc	que todas las 0Fiones que correspondan)
□ costo							a miedo
E falta de tra tengo ^t iempo	nsporte	C	'l neces	itanús i	nfonmc	ión/üenepreg [untas acceso preferencia personal a no otra, (por favorespecifica)
-			_	_	_		tención médica que neces itaba para usted o un miembro de su familia lo, un médico de atención primaria, un dentista, la farmacia o otro
□ Sí							
□ No a No se seguro(a) ¿D prowedor o c problemas pa atención méd todas las opcicorrespondan 86	e qué tipo entro tuvo ra obtenentica? (mare iones que	de o					

LENOIR COUNTY

2021-2022 Community Health Needs Assessment

obstetra/ginecóloga 🗆 cuidado delos ojos/opton-wtrista/oftalmólog	salud a pediatra □ especialista a go O centro de atención urgente □ res de salud mental/conductual a otra, (por
¿Cuál de estos problemas le impi(üó recibir la atención méd	dea necesaria? (marque todas las opciones que correspondan)
la espera fue dermsiado larga c] mi o nuesfraparte del costo era de	o no cubría lo que necesitaba/ necesitábamos emasiadoalta(copago/deducible) a no hablaban mi aronconmidisponibilidad COVID-19 a no tengo
Cl el proveedor de servicios no aceptaron mvnuestro seguro ni discriminatoria debido a un estado de protección (edad, raza, prefe	Medicaid □ el proveedorme negó la atención o me trató de nunera erencia sexual, en fennedad, etc.)
Sec	eción V
	formadón sobe desastres naturales cómo mardenerseseguro, que le gustaría que conozcamos sobresu comunidad
En un desastre natural (huracán, inundación, tornado, etc.), necesita para mantenerse a salvo?	¿siente que sabe cómo acceder o encontrar la información que
a Sí	
□No	
□ No se/No estoy seguro(a)	
Si es así, dónde ot%iene su información para mantenerse a	a salvo?
o televisión	c] redes sociales
□radio	C) vecinos
a intemet	o familia
□ teléfono (fijo)	Cl mensaje de tmdo, (s istema de alerta de ernorgencia)
□ teléfono nivil	Cl invresos (periódicos, etc.)
c] No se/No estoy seguro(a) En los últimos 12 mes es, ¿alguna vez le preocupó si se aca comprar	a otra, (por favorespecifica)abaría la comida de su familia antes de tener el dinero para
□Sí	
a No c] No se/No estoy seguro(a)	
¿Hay algo más que le gustaría que supiéramos sobre su comunid	lad?

Información Demográfica

Porfavor, cuéntenos más sobre usted	
¿Cómo se describe usted?	
o Mujer n Hombre a No binario(a) a No en la lista, por favorconpar	tan•ús
¿Cuantos años tiene?	
□ 15- 19□ 50 54 □ 20 24 □ 55— 59 a 25 - 29 a 60− 64 Cl 30- 34 0 65 - 69 □ 35-39 0 70-74	
0 40-44 0 45 -49	□ 75 79 0 80- 84 Cl 85+
¿Cómo describe su origen étnico? (marque todas las opcione	s que correspondan)
o Asiático o Negro/Afroanwicano o Nativo Americano	D Blanco/Caucásico o Hispano/Latinx □ Isleño del Pacífico
☐ Más de una ram ¿Es el Inglés el iüoma principl en su hogar?	□ No en la lista, porfavorconvarta nús a Prefiero no responder
□ Sí □No, por favor comparta su idioma principal	
Cuál es su es tadocivil? D Nunca Casado(a)/Soltero(a)Cl Casado(a) n Pareja Soltera □ Otra, por favorconpartarnás	a Algo de Universidad (no graduado) a Licenciatura Título de Posgrado o Profesional o Otra, por favorconparta n•ús
¿Cuál es el nivel más alto de educación que ha completado?	
a Menos de Noveno Gado □ Novena a Duodécimo Gado (sin diplonu) □ Diploma de Escuela Secundaria o EquivalenteGED o Título Asociadoo FomuciónProfesional a Viudo(a)	
☐ Separado(a) O Divorciado(a)	

¿Como se describe mejor su trabajo actual?	
c] Erpleado de tienpo convleto	o Discapacitado(a)
□ Enpleado a tiempo parcial	□Estudiante
a Enpleado en múltiples trabajos	a Anude casa
a Trabajador estacional]Ternporario	a Trabajadoresporcuenta propia
a Retirado(a)	a Desempleado durante I año o n•mos
a Fueras Arnudas	a Desenvleadopornis de I año
¿Qué tipo de acceso a Internet tiene en tu casa?	
□ marcarintemet c] celularo punto de acceso a banda ancha	ninguno, no tengo accesoa internet □ WiFi a otra, (por
favorespecifica)	
¿ DI que condado vive'?	
6 1	
¿ Cuál es su código pos tal?	

iGracias por tomar el tiempo para completar esta encuesta para ayudarnos a mejorar la salud de nuestra comunidad!

Appendix C. HNC 2030 State and County Data (December 2021)

NCIOM		Lenoir County	NC	Data Year
	na Health Profile			
	oir County			0.017
Classification	Metropolitan or	Nonmetro	N/A	2013
	Nonmetropolitan			
	USDA Economic			
	Research Service			
	Metro/Nonmetro labels	_		
	Tier	1	N/A	2019
	NC Department of			
	Commerce economic			
	well-being designations			
Demographics	Population	55,949	10,488,084	2019
	Child Population	22.4%	21.9%	2019
	% of population age < 18			
	years			
	Elderly Population	20.2%	16.7%	2019
	% of population age 65+			
	years			
	White	48.9%	70.6%	2019
	% of population non-			
	Hispanic White			
	Hispanic/Latinx	7.9%	9.8%	2019
	% of population			
	Hispanic/Latinx			
	African American	41.4%	22.2%	2019
	% of population non-			
	Hispanic African			
	American			
	Asian	0.7%	3.2%	2019
	% of population Asian			
	Native Hawaiian/Pacific	0.2%	0.1%	2019
	Islander			
	% of population Native			
	Hawaiian/Pacific			
	Islander			
	American Indian	0.6%	1.6%	2019
	% of population			
	American Indian/Alaskan			
	Native			
	Two or More Races	1.6%	2.3%	2019
	% of population Two or			
	More Races			
Education	College Graduation	13.5%	21.3%	2013-2017
	% of population, age 25			
	years+, with a Bachelor's			
	degree or higher			

	High School Graduation % of high school students who graduate	85.4%	87.6%	2019-2020
	on time			
	Reading Proficiency % of third grade students reading at grade-level	40.5%	56.8%	2018-2019
Access to Care	Uninsured Adults	17.7%	15.5%	2018
	% of adults age 18 to 64 years without health			
	insurance	F 10/	F /0/	2010
	Uninsured Children	5.1%	5.4%	2018
	% of children age 18 and under without health			
	insurance	77.50/	25.00/	CEV 2010
	Medicaid & CHIP	37.5%	25.0%	SFY 2019
	Enrollees% of population enrolled in Medicaid or CHIP			
	Health Care Workforce -	5.5	8	2019
	Primary Care Physicians	5.5	0	2019
	Primary care physicians			
	per 10,000 population			
	Health Care Workforce -	4.6	5	2019
	Dentists	4.0	3	2019
	Dentists per 10,000			
	population			
	Health Care Workforce -	1.4	3.6	2019
	Psychiatrists &	1	3.0	2013
	Psychologists			
	Psychologists,			
	psychiatrists, addiction			
	psychiatrists, and			
	pediatric psychiatrists			
	per 10,000 population			
	Health Care Workforce -	3.7	4.2	2018
	Birth Attendants			
	OBGYNs/family medicine			
	physicians/CNMs per			
	10,000 population			
Healthy Eating,	Adult Obesity	27.8%	32.8%	2018
Active Living	% of adults who have			
- C	obesity			
	Overweight and Obese	N/A	30.7%	2018-2019
	Adolescents			
	% of 10-17 years olds			
	who are overweight or			
	obese			
	Fruit and Vegetable	Region 9&10:	14.8%	2019
	Consumption*			

	•			1
	% of adults consuming	7.9%		
	fruits, vegetables, or			
	beans five or more times			
	per day			
	Physical Acitivity*	Region 9&10:	45.2%	2019
	% of adults who	((70 (
	participated in 150	44.3%		
	minutes of physical			
	activity per week			
Tobacco &	Adult Smoking	19.0%	17.0%	2017
Substance Use	% of adults who are	13.070	17.070	2017
	current smokers			
	Youth Tobacco Use*	East: 30.3%	28.8%	2017
	% of high school	Last. 30.370	20.070	2017
	students reporting			
	current use of any			
	tobacco product			
	Unintential Poisoning	17.0	10.5	2014-2018
	Deaths / Overdose	17.0	18.5	2011 2010
	Deaths			
	Unintentional poisoning			
	mortality rate per			
	100,000 population			
	Opiate Poisoning	0.7	77.0	2013-2017
	Deaths	8.3	11.8	2013-2017
	Rate of opiate poisoning deaths per 100,000			
	<u> </u>			
	population			
	Opioid Prescribing Rate	67.1	72	2018
	Rate of retail opioid			
	prescriptions dispensed			
	per 100 persons			
Mental Health	Mental Health	1841.7	1902.3	2017
	Emergency Visits*			
	Rate of substance abuse			
	and mental health-			
	related visits to			
	emergency departments			
	per 100,000 population			
Maternal & Child	Teen Birth Rate	35.8	22	2014-2018
Health	Rate of births to females	23.0		
	age 15-19 per 1,000			
	Lavy Digth	10.70/	_	2017 2010
	Low Birthweight	10.7%	9.1%	2014-2018
	% of babies born with			
	birthweight <2,500			
	grams		_	2015 2012
	Infant Mortality Rate†	7.3	7	2015-2019
	Resident infant death			
	rates (per 1,000 live			
	births)			

	Racial Disparity in Infant	White : Black	White : Black	2017
	Mortality Rate	Wille . Diack	vville. Diack	2017
	Rate of infant deaths	- :9.2	5.3:12.7	
	Vaccines	N/A	73.6%	2017
	% of children age 19-35			
	months who receive			
	combined 6-vaccine			
	series vaccinations			
Oral Health	Tooth Decay*	Region 9 & 10:	45.5%	2018
	% of adults who have	50.8%		
	had permanent teeth			
	removed due to tooth			
	decay or gum disease			
Chronic Disease	Diabetes Prevalence	12.8%	10.1%	2017
	% of adults with			
	diagnosed diabetes			
	Cancer Prevalence	509	469.2	2015-2019
	Cancer incidence rates			
	per 100,000 population			
	Heart Disease	207.9	158.0	2014-2018
	Age-adjusted rate of			
	heart disease deaths per			
	100,000 population			
Community Well-	Poverty	23.1%	13.6%	2019
Being	% of individuals living in			
	poverty (100% Federal			
	Poverty Level)			
	Housing Cost Burden	27.3%	25.6%	2013-2017
	% of households			
	spending 30% or more of			
	household income on			
	housing costs			
	Unemployment	3.8%	3.9%	2019
	Unemployment rate			
	High-Quality Child Care	71.0%	73%	2020
	% of kids in 4/5 star child			
	care			
	Food Insecurity	18.9%	14.00%	2018
	% of population that is			
	food insecure			
	Low Access to a Grocery	12.8%	N/A	2015
	Store			
	% of population with low			
	access to a grocery store			
	Transportation	11.5%	6.5%	2017
	% of households without			
	access to a vehicle			
	Violent Crime	-	407.7	2019
	Violent crime rate per			
	100,000 population			

Life expectancy	74.7	78.1	2017-2019
Life expectancy (years) at			
birth - avg.			
Racial Disparity in Life	White : Black	White : Black	2017-2019
Expectancy	55.057.0	70 / 7F F	
Life expectancy (years) at	75.6:73.9	78.4:75.5	
birth			
Air Pollution	10.3	9.8	2014
Average daily density of			
fine particulate matter in			
micrograms per cubic			
meter			

Key:

- | Data suppressed

N/A | Data not available

* | Multi-County Data

For some indicators, data is not available at the county level and counties are aggregated into groups:

- "Regions" refer to the 10 North Carolina Local Health Director Association Regions.
- "West," "Central," and "East" categorizations are based on the regions reported for the <u>North Carolina Youth</u>
 <u>Tobacco Survey</u>. *Central region estimates are not representative of the total population due to a low response rate.
- Mental health emergency room visit rates are aggregated into the 7 LME/MCO regions.
- † | Rates based on fewer than ten cases are unstable and should be interpreted with caution. Refer to the <u>State Center</u> <u>for Health Statistics Infant Mortality Report</u> for the number of infant deaths by county.

Sources

Metro/Nonmetro: USDA Economic Research Service | Tier: NC Department of Commerce | Population: US Census -Population Estimates Program | Child Population: US Census - Population Estimates Program | Elderly Population: US Census - Population Estimates Program | White: US Census - Population Estimates Program | Hispanic/Latinx: US Census - Population Estimates Program | African American: US Census - Population Estimates Program | Asian: US Census – Population Estimates Program | Native Hawaiian/Pacific Islander: US Census – Population Estimates Program | American Indian: US Census - Population Estimates Program | Two or More Races: US Census - Population Estimates Program | High School Graduation: NC Department of Instruction | Reading Proficiency: NC Department of Instruction | College Graduation: U.S. Census - American Community Survey | Uninsured Adults: US Census - Small Area Health Insurance Estimates | Uninsured Children: US Census – Small Area Health Insurance Estimates | Medicaid & CHIP Enrollees: NC Division of Medical Assistance | Health Care Workforce - Primary Care Physicians: North Carolina Health Professions Data System - Cecil G. Sheps Center for Health Services Research | Health Care Workforce - Dentists: North Carolina Health Preofessions Data System - Cecil G. Sheps Center for Health Services Research | Health Care Workforce - Psychiatrists & Psychologists: North Carolina Health Preofessions Data System -Cecil G. Sheps Center for Health Services Research | Health Care Workforce - Birth Attendants: North Carolina Health Preofessions Data System - Cecil G. Sheps Center for Health Services Research | Adult Obesity: CDC | Overweight and Obese Adolescents: National Survey of Children's Health | Physical Acitivity: CDC - Behavioral Risk Factors Survey | Fruit and Vegetable Consumption: CDC - Behavioral Risk Factors Survey | Adult Smoking: County Health Rankings | Youth Tobacco Use: NC Youth Tobacco Survey, Special data request from NC Division of Public Health, Tobacco Prevention and Control Branch | Unintential Poisoning Deaths / Overdose Deaths: NC Division of Public Health | Opiate Poisoning Deaths: NC Division of Public Health | Opioid Prescribing Rate: CDC | Mental Health Emergency Visits: NC Hospital Association, Special data request from NC Hospital Association | Teen Birth Rate: NC State Center for Health Statistics | Low Birthweight: NC State Center for Health Statistics | Infant Mortality Rate: NC

State Center for Health Statistics | Racial Disparity in Infant Mortality Rate – White: NC State Center for Health
Statistics | Racial Disparity in Infant Mortality Rate – Black: NC State Center for Health
Statistics | Vaccines: CDC | Tooth Decay: CDC – Behavioral Risk Factors Survey | Diabetes Prevalence: CDC | Cancer
Prevalence: NC State Center for Health Statistics | Heart Disease: NC State Center for Health Statistics | Poverty: US
Census – Small Area Income and Poverty Estimates | Housing Cost Burden: U.S. Census – American Community
Survey | Unemployment: U.S. Department of Labor | High-Quality Child Care: NC Division of Child Development and
Early Education, Special data request from NC Division of Child Development and Early Education | Food
Insecurity: Feeding America | Low Access to a Grocery Store: USDA Economic Research Service | Transportation: US
Census – American Community Survey | Violent Crime: State Bureau of Investigation | Life expectancy: NC State
Center for Health Statistics | Racial Disparity in Life Expectancy – Black: NC State Center for Health Statistics | Racial
Disparity in Life Expectancy – White: NC State Center for Health Statistics | Air Pollution: County Health Rankings

Appendix D. County Data Tables (Spring 2021)

Table 1. Population Estimate, Lenoir County, North Carolina, and United States (2019)						
Lenoir County		North Carolina		United States		
55,949		10,488,084		328,239,523		
Estimated Percent Change April 1, 2010 to July 1, 2019	-6.0%	Estimated Percent Change April 1, 2010 to July 1, 2019		Estimated Percent Change April 1, 2010 to July 1, 2019	6.3%	

Source: U.S. Census Bureau Populations Estimate Program (PEP) & U.S. Census Bureau, American Community Survey (ACS) 1-Year Estimate

https://www.census.gov/quickfacts/fact/table/lenoircountynorthcarolina/SEX255219

Table 2. Age Distribution, Lenoir County and North Carolina (2019)					
Age Group	Lenoir County (%)	North Carolina (%)			
Persons under 5 years	5.6%	5.8%			
Persons under 18 years	22.4%	21.9%			
Persons 65 years and over	20.2%	16.7%			

Source: U.S. Census Bureau Populations Estimate Program (PEP) & U.S. Census Bureau, American Community Survey (ACS) 1-Year Estimate

https://www.census.gov/quickfacts/fact/table/lenoircountynorthcarolina/RHI825219

Table 3. Age Distribution by Age Group, Lenoir County (2019)				
Age Group	Estimate	Percent		
Total population	56,756	100%		
Under 5 years	3,245	5.7%		
5 to 9 years	3,841	6.8%		
10 to 14 years	3,500	6.2%		
15 to 19 years	3,373	5.9%		
20 to 24 years	3,183	5.6%		
25 to 34 years	3,390	6.0%		
35 to 44 years	3,170	5.6%		
45 to 54 years	2,922	5.1%		
55 to 59 years	3,130	5.5%		
60 to 64 years	3,459	6.1%		
65 to 74 years	3,972	7.0%		
75 to 84 years	4,298	7.6%		
85 years and over	4,189	7.4%		
Median age (years)	42.7			

Source: American Community Survey (ACS) 5-Year Estimates and Data Profiles.

Data are based on a sample and are subject to sampling variability.

Table ID: DP05

 $\frac{https://data.census.gov/cedsci/table?q=DP05\&g=0500000US37107\&tid=ACSDP5Y2019.DP05\&hidePreview=true\&moe=false$

Table 4. Population Distribution by Gender, Lenoir County and North Carolina (2019)						
Gender Lenoir (Percent) North Carolina (Percent						
Female	52.2%	51.4%				
Male	47.8%	46.8%				

Source: U.S. Census Bureau Populations Estimate Program (PEP) & U.S. Census Bureau, American Community Survey (ACS) 1-Year Estimate. Sex estimates of the population are produced for the United States, states, and counties, as well as for the Commonwealth of Puerto Rico and its municipios (county-equivalents for Puerto Rico). Sex is based on the biological attributes of men and women (chromosomes, anatomy, and hormones).

https://www.census.gov/quickfacts/fact/table/lenoircountynorthcarolina/RHI825219

Table 5. Veterans, Lenoir County (2019)						
	Number	Percent of population 18 years and older				
Veterans	4,212	9.6%				

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimate

Table ID: S2101

https://data.census.gov/cedsci/table?text=veteran%20status&g=0500000US37107&tid=ACSST5Y2019.S2 101&moe=false&hidePreview=true

Table 6. Race/Ethnicity, Lenoir County and North Carolina (2019)					
Race	Lenoir (County	North Carolina		
	Number	Percent	Number	Percent	
White	31,205	55.0%	7,049,919	68.7%	
Black or African American	22,205	39.1%	2,200,761	21.4%	
American Indian and Alaska Native	119	0.2%	123,952	1.2%	
Asian	279	0.5%	292,992	2.9%	
Native Hawaiian and Other Pacific Islander	26	0.0%	7,213	0.1%	
Hispanic or Latino (of any race)	4,414	7.8%	962,665	9.4%	
Some other race	771	1.4%	316,763	3.1%	
Two or more races	2,151	3.8%	273,276	2.7%	

Total	56,756	10,264,876	

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimate

Table ID: DP05

https://data.census.gov/cedsci/table?text=DP05&g=0500000US37107&tid=ACSDP5Y2019.DP05&hide Preview=true&moe=false

Table 7. Hispanic or Latino Origin and Race, Lenoir County (2019)							
		Race and	Hispanic or La	tino Origi	n in the past 1	.2 months	
County/State	White alone	Black or African American	American Indian and Alaska Native	Asian alone	Native Hawaiian and other Islander alone	Some Other race alone	Two or more races
Lenoir County	49.2%	38.7%	0.2%	0.5%	0.0%	0.0%	3.6%
North Carolina	63.1%	21.1%	1.1%	2.8%	0.1%	0.2%	2.2%

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimate

Table ID: DP05

 $\frac{https://data.census.gov/cedsci/table?text=DP05\&g=0500000US37107\&tid=ACSDP5Y2019.DP05\&hide}{Preview=true\&moe=false}$

Table 8. Limited English-Speaking Households, Lenoir County (2019)					
All Households	23,148	100%			
Limited English-Speaking Households	575 ± 210	2.5%			
Households Speaking:	Number	Percent			
Spanish	1,474 ± 172	6.4%			
Other Indo-European languages	106 ± 56	0.5%			
Asian and Pacific Island languages	225 ± 150	1.0%			
Other languages	18 ± 26	0.1%			
Source: U.S. Census Bureau, American Comn	nunity Survey (ACS), 5-	Year Estimate.			

Table ID: S1602

https://data.census.gov/cedsci/table?q=S1602&g=0500000US37107&tid=ACSST5Y2019.S1602&hidePreview=true

Table 9. Educational Attainment Population 25+ years, Lenoir County (2019)					
	Lenoir County	North Carolina			
High School Graduate or Higher	79.7%	87.8%			
Less than 9 th Grade	7.3%	4.5%			
High School, No Diploma	13.0%	7.7%			
High School Graduate or Equivalency	31.9%	25.7%			
Some College, No Degree	21.6%	21.2%			
Associate Degree	11.2%	9.7%			
Bachelor's Degree	10.1%	20.0%			
Graduate or Professional Degree	4.9%	11.3%			

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimate

Table ID: S1501

 $\frac{https://data.census.gov/cedsci/table?q=washington\%20county\%20north\%20carolina\%20educational}{\%20attainment\&g=0500000US37107\&tid=ACSST5Y2019.S1501\&hidePreview=true\&moe=false}$

Table 10. SAT scores for Lenoir County Public Schools with State and National Scores (2016-2019)					
	SAT Scores				
	2019	2018	2017	2016	
Lenoir County	977	976	1,001	891	
North Carolina	1,091	1,090	1,074	997	
United States	1,039	1,049	NR	NR	

Source: North Carolina School Report Cards

https://ncreports.ondemand.sas.com/src/district?district=540LEA&year=2019&Ing=en

Table 11. ACT Scores for Lenoir County Public Schools and North Carolina (2016-2019) **ACT Proficiency** 2019 2018 2017 2016 **Lenoir County** 35.7% 42.2% 36.8% 42.0% North Carolina 57.9% 59.9% 55.8% 58.8%

Source: North Carolina School Report Cards

https://ncreports.ondemand.sas.com/src/district?district=540LEA&year=2019&Ing=en

Table 12. Income per Household in the Past 12 Months (Inflation-Adjusted Dollars),						
Lenoir County and North Carolina (2019)						
Income Level	Lenoir County	North Carolina				
Below \$10,000	7.7%	6.4%				
\$10,000-\$14,999	9.3%	5.0%				
\$15,000-24,999	15.0%	10.3%				
\$25,000-34,999	12.5%	10.3%				
\$35,000-\$49,999	15.5%	13.9%				
\$50,000-74,999	17.6%	18.0%				
\$75,000-99,999	10.3%	12.4%				
\$100,000-149,999	7.9%	13.1%				
\$150,000-199,999	2.4%	5.1%				
200,000 or more	1.8%	5.4%				
Median household income	\$39,402	\$54,602				

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimate

Table ID: S1901

https://data.census.gov/cedsci/table?q=S1901&g=0500000US37107&tid=ACSST5Y2019.S1901&moe=false&hidePreview=true

Table 13. Poverty Status in the Past 12 Months Disaggregated by Age, Lenoir County and
North Carolina (2019)

		Age Group									
County/State	Under 5 years	5-17 years	18-34 years	35-64 years	60 years and over	65 years and over					
Lenoir County	41.0%	40.0%	28.2%	16.9%	13.0%	11.8%					
North Carolina	23.8%	20.2%	18.3%	11.3%	9.8%	9.1%					

Table ID: S1701

 $\frac{https://data.census.gov/cedsci/table?q=Lenoir%20county%20north%20carolina%20poverty%20status\&tid=ACSST5Y2019.S1701\&hidePreview=true\&moe=false$

Table 14. Means of Transportation to Work by Age, Lenoir County (2015-2019)							
Label	Estimate						
Total:	22,447						
Car, truck, or van:	21,302						
Drove alone	18,125						
Carpooled:	3,177						
In 2-person carpool	2,432						
In 3-person carpool	181						
In 4-person carpool	67						
In 5- or 6-person carpool	390						
In 7-or-more-person carpool	107						
Public transportation (excluding taxicab):	156						
Bus	122						
Subway or elevated rail	0						
Long-distance train or commuter rail	0						
Light rail, streetcar, or trolley (carro público in Puerto Rico)	0						
Ferryboat	34						

Taxicab	29
Motorcycle	81
Bicycle	84
Walked	270
Other means	131
Worked from home	394

Table ID: B08301

 $\frac{https://data.census.gov/cedsci/table?text=means\%20of\%20transportation\&g=0500000US37107\&tid=ACS_DT5Y2019.B08301\&moe=false\&hidePreview=true$

	Lenoir County, North Carolina						
	Owner-occupied housing units with a mortgage	% owner-occupied housing units with a mortgage					
Owner-Occupied Housing Units with a Mortgage	6,909	6,909					
Value							
Less than \$50,000	842	12.2%					
\$50,000 to \$99,999	2,114	30.6%					
\$100,000 to \$299,999	3,567	51.6%					
\$300,000 to \$499,999	326	4.7%					
\$500,000 to \$749,999	19	0.3%					
\$750,000 to \$999,999	0	0.0%					
\$1,000,000 or more	41	0.6%					
Median (dollars)	\$112,900	\$112,900					
Mortgage Status							
With either a second mortgage, or home equity loan, but not both	1,128	16.3%					

Second mortgage only	236	3.4%
Home equity loan only	892	12.9%
Both second mortgage and home equity loan	91	1.3%
No second mortgage and no home equity loan	5,690	82.4%
Household Income in the Past 12 Months (in 2019 inflation-adjusted dollars)		
Less than \$10,000	259	3.7%
\$10,000 to \$24,999	688	10.0%
\$25,000 to \$34,999	736	10.7%
\$35,000 to \$49,999	973	14.1%
\$50,000 to \$74,999	1,499	21.7%
\$75,000 to \$99,999	1,168	16.9%
\$100,000 to \$149,999	1,025	14.8%
\$150,000 or more	561	8.1%
Median household income (dollars)	\$62,200	\$62,200

Table ID: S2506

https://data.census.gov/cedsci/table?q=Owner-

 $\frac{occupied \% 20 units \% 20 with \% 20 a \% 20 Mortgage \& g = 0500000 US 37107 \& tid = ACSST5Y2019.S2506 \& moe = false \& hide Preview = true$

Table 16. Financial Characteristics for Housing units without a Mortgage in Lenoir County (2015-2019)								
	Lenoir County, North Carolina							
	Owner-occupied housing units without a mortgage	% owner-occupied housing units without a mortgage						
Owner-Occupied Housing Units With a Mortgage	6,829	6,829						
Less than \$50,000	2,185	32.0%						

\$50,000 to \$99,999	2,114	31.0%
\$100,000 to \$199,999	1,874	27.4%
\$200,000 to \$299,999	346	5.1%
\$300,000 to \$499,999	184	2.7%
\$500,000 to \$749,999	80	1.2%
\$750,000 to 999,999	35	0.5%
\$1,000,000 or more	11	0.2%
Median (dollars)	\$80,300	\$80,300
Household Income in the Past 12 Months		
(in 2019 inflation-adjusted dollars)		
Less than \$10,000	292	4.3%
\$10,000 to \$24,999	1,635	23.9%
\$25,000 to \$34,999	854	12.5%
\$35,000 to \$49,999	1,388	20.3%
\$50,000 to \$74,999	1,206	17.7%
\$75,000 to \$99,999	599	8.8%
\$100,000 to \$149,999	602	8.8%
\$150,000 or more	253	3.7%
Median household income (dollars)	\$41,575	\$41,575

Table ID: S2507

 $\frac{https://data.census.gov/cedsci/table?q=without%20a%20Mortgage\&g=0500000US37107\&tid=ACSST5Y2}{019.S2507\&moe=false\&hidePreview=true}$

Table 17. Len	Table 17. Lenoir County and North Carolina Live Births (2018)											
			White-	White	Black,	Black						
County/State	Total	Total	non-	non-	non-	non-	Hispanic	Hispanic				
County/State	Births	Rate	Hispanic	Hispanic	Hispanic	Hispanic	number	rate				
			number	rate	number	rate						
						40.0		101				
Lenoir County	624	11.1	257	9.2	293	12.6	68	16.1				
North	110.055		64.60=		22.712	10.5	10.050	10.4				
Carolina	118,957	11.5	64,637	9.8	28,719	12.5	18,359	18.4				
https://schs.dph.ncdhhs.gov/data/vital/volume1/2018/Lenoir.html												

Table 18. Lenoir County Live Births by Sex (2014-2018)										
	Total	Total Rate	White, non- Hispanic	White, non- Hispanic rate	Black, non- Hispanic	Black, non- Hispanic rate	Hispanic	Hispanic rate		
Male	333	5.9	134	4.8	159	6.8	38	9.0		
Females	291	5.2	123	4.4	134	5.8	30	7.1		
https://schs.dph.ncdhhs.gov/data/vital/volume1/2018/Lenoir.html										

. Lenoir	County	and I	North C	arolir	na Low	Birth	Weight	t (2019	9)			
			Non-Hispanic									
	Tota	al	Tota	al	White		Black		Other		Hispanic	
Birth Weight	Births	Pct.	Births	Pct.	Births	Pct.	Births	Pct.	Births	Pct.	Births	Pct.
Low	55,413	9.2	48,847	9.6	25,047	7.6	20,450	14.2	3,350	9.4	6,566	7.2
Very Low	10,222	1.7	9,080	1.8	4,011	1.2	4,591	3.2	478	1.3	1,142	1.3
Low	344	10.7	320	11.4	86	6.7	230	15.4	4	12.5	24	6.2
Very Low	65	2.0	61	2.2	17	1.3	43	2.9	1	3.1	4	1.0
	Birth Weight Low Very Low Very	Birth Weight Births Low 55,413 Very 10,222 Low 344 Very 65	Total	Total Total Total Total	Total Total	Total Total White White Weight Births Pct. Births Pct. Births Pct. Births Compared Births Pct. Births Pct.	Non-Hi	Non-Hispanic Non-Hispanic Non-Hispanic	Non-Hispanic Non-Hispanic Non-Hispanic Non-Hispanic	Total Total White Black Oth	Non-Hispanic Non-	Non-Hispanic Non-Hispanic Non-Hispanic Non-Hispanic Hispanic Non-Hispanic Non-Hisp

Table 20	Table 20. Lenoir County, Fetal Death Rates per 1000 Deliveries (2014-2018)												
	Total Fetal Deaths	Total Fetal Death Rate	White Non- Hispanic Fetal Deaths	White Non- Hispanic Fetal Death Rate	Af. Am. Non- Hispanic Fetal Deaths	Af. Am. Non- Hispanic Fetal Death Rate	Other Non- Hispanic Fetal Deaths	Other Non- Hispanic Fetal Death Rate	Hispanic Fetal Deaths	Hispanic Fetal Death Rate			
North Carolina	4,166	6.9	1,764	5.3	1,682	11.6	194	5.4	526	5.7			
Lenoir County	28	8.7	4	*	20	13.2	0	*	4	*			

https://schs.dph.ncdhhs.gov/data/databook/CD8%20fetal%20death%20rates.rtf

Table 21. Cancer Incidence Rates for selected sites per 100,000 population age adjusted to the											
2000 U.S. Census, Lenoir County and North Carolina, (2012-2016)											
County	Colon/Rectum		Lung/Bronchus		Female Breast		Prostate		All Cancers		
	Cases	Rate	Cases	Rate	Cases	Rate	Cases	Rate	Cases	Rate	
North Carolina	21,168	37.1	40,216	68.8	49,457	161.8	35,584	115.9	277,277	481.9	
Lenoir County	170	43.9	319	78.0	320	151.9	240	132.1	1,997	511.5	
https://schs.dph.ncdhhs.gov/data/databook/CD13A%20leadingcancers.xlsx											

Table 22. Neonatal (<28 Days) Death Rates, North Carolina, and Lenoir County												
	Total neonate deaths	Total neonatal death rate	White non- Hispanic neonatal deaths	White non- Hispanic neonatal death rate	Af. Am. Non- Hispanic neonatal deaths	Af. Am. Non- Hispanic neonatal death rate	Other non- Hispanic neonatal deaths	Other non- Hispanic neonatal death rate	Hispanic neonatal deaths	Hispanic neonatal death rate		
North Carolina	2,865	4.8	1,092	3.3	1,247	8.7	160	4.5	366	4.0		
Lenoir County	15	*	7	*	7	*	0	*	1	*		

Table 22. Neonatal (<28 Days) Death Rates, North Carolina, and Lenoir County										
	Total neonate deaths	Total neonatal death rate	White non- Hispanic neonatal deaths	White non- Hispanic neonatal death rate	Af. Am. Non- Hispanic neonatal deaths	Af. Am. Non- Hispanic neonatal death rate	Other non- Hispanic neonatal deaths	Other non- Hispanic neonatal death rate	Hispanic neonatal deaths	Hispanic neonatal death rate

Prepared by N.C. DHHS State Center for Health Statistics

Note: rates based on small numbers (fewer than 20 cases) are unstable and are not reported"

 $\underline{https://schs.dph.ncdhhs.gov/data/databook/CD9A\%20neonatal\%20death\%20rates.rtf}$

LENOIR COUNTY

2021-2022 Community Health Needs Assessment

	White, non-Hispanic		African American, non-Hispanic		American Indian, non-Hispanic		Other Races, non-Hispanic		Hispanic		Male		Female		Overall	
Cause of Death:	Death s	Rate	Death s	Rate	Death s	Rate	Death s	Rate	Death s	Rat e	Death s	Rate	Death s	Rat e	Death s	Rate
All Causes	2,218	929.7	1,410	1,003	3	N/A	13	N/A	21	260 .0	1,789	1,104 .1	1,876	808. 4	3,665	941.4
Diseases of Heart	528	210.5	300	208.8	0	N/A	4	N/A	3	N/A	429	262.8	406	165. 5	835	207.9
Acute Myocardial Infarction	78	32.1	43	30.6	0	N/A	0	N/A	1	N/A	78	46.7	44	17.8	122	30.5
Other Ischemic Heart Disease	217	86.4	117	79.7	0	N/A	2	N/A	1	N/A	193	118.7	144	59.6	337	83.8
Cerebrovascular Disease	148	58.0	116	79.1	0	N/A	1	N/A	1	N/A	123	75.8	143	57.0	266	65.3
Cancer	463	188.1	266	183.2	0	N/A	4	N/A	6	N/A	371	216.4	368	163. 8	739	184.2
Colon, Rectum, and Anus	46	18.8	28	19.5	0	N/A	1	N/A	0	N/A	42	25.4	33	15.1	75	18.9
Pancreas	32	13.6	23	14.3	0	N/A	0	N/A	0	N/A	33	19.3	22	9.0	55	13.4
Trachea, Bronchus, and Lung	149	58.8	55	36.9	0	N/A	1	N/A	0	N/A	109	60.9	96	40.5	205	49.2
Breast	26	20.8	23	30.6	0	N/A	0	N/A	0	N/A	0	N/A	49	24.3	49	24.3
Prostate	15	N/A	15	N/A	0	N/A	0	N/A	1	N/A	31	19.1	0	N/A	31	19.1
Diabetes Mellitus	54	21.9	79	53.4	0	N/A	0	N/A	0	N/A	56	31.6	77	34.1	133	33.3
Pneumonia and Influenza	45	18.0	23	17.8	0	N/A	0	N/A	1	N/A	30	19.2	39	16.2	69	17.5
Chronic Lower Respiratory Diseases	149	57.4	50	36.3	0	N/A	1	N/A	0	N/A	103	62.5	97	40.4	200	49.1
Chronic Liver Disease and Cirrhosis	31	14.2	23	12.2	0	N/A	0	N/A	0	N/A	32	17.6	22	9.2	54	13.0
Septicemia	31	13.1	29	21.9	0	N/A	0	N/A	1	N/A	27	17.3	34	15.9	61	16.0
Nephritis, Nephrotic Syndrome, and Nephrosis	33	13.7	46	32.7	0	N/A	0	N/A	0	N/A	37	22.5	42	17.6	79	20.0
Unintentional Motor Vehicle Injuries	30	18.3	15	N/A	0	N/A	0	N/A	2	N/A	34	23.9	13	N/A	47	15.0
All Other Unintentional Injuries	72	39.0	41	31.6	1	N/A	1	N/A	1	N/A	73	49.1	43	22.1	116	34.9
Suicide	28	18.5	3	N/A	1	N/A	0	N/A	1	N/A	21	13.7	12	N/A	33	10.8
Homicide	9	N/A	29	28.1	0	N/A	0	N/A	0	N/A	30	24.7	8	N/A	38	14.7
Alzheimer's disease	54	20.4	43	31.5	0	N/A	1	N/A	0	N/A	26	16.8	72	27.8	98	24.0
Acquired Immune Deficiency Syndrome	1	N/A	12	N/A	0	N/A	0	N/A	0	N/A	6	N/A	7	N/A	13	N/A

https://schs.dph.ncdhhs.gov/data/databook/CD12B%20racespecific%20and%20sexspecific%20rates.rtf

Table 24. North Carolina Newly Diagnosed Chlamydia, Gonorrhea, and Early Syphilis (Primary, Secondary and Early Latent) Infections by Residence at Time of Diagnosis Lenoir County (2018-2020)

County	Chlamydia			Gonorrhea		P. & S. Syphilis			E. L. Syphilis			
	2018	2019	2020	2018	2019	2020	2018	2019	2020	2018	2019	2020
	Jan- Mar	Jan- Mar	Jan- Mar	Jan- Mar	Jan- Mar	Jan- Mar	Jan- Mar	Jan- Mar	Jan- Mar	Jan- Mar	Jan- Mar	Jan- Mar
Lenoir County	120	143	151	49	56	52	0	3	2	1	1	1

https://epi.dph.ncdhhs.gov/cd/stds/figures/vol20no1.pdf

Table 25. All Other Unintentional Injuries Death Rates per 100,000 Residents for Lenoir County, and North Carolina, (2018) and (2014-2018)

• /		, ,	,			
County/State	Number of Deaths 2018	Death Rate 2018	Number of Deaths 2014- 2018	Death Rate 2014- 2018	Age-Adjusted Death Rate 2014-2018	
Lenoir County	24	42.9	116	40.5	34.9	
North Carolina	4,478 43.1		19,576	38.6	37.0	

https://schs.dph.ncdhhs.gov/data/vital/lcd/2018/otherinjuries.html

Table 26. Age-Adjusted Unintentional Motor Vehicle Injury Death Rates per 100,00
Residents for Lenoir County and North Carolina (2018) and (2014-2018)

Residents for Le						
County/State	Number of Deaths 2018	Death Rate 2018	Number of Deaths 2014- 2018	Death Rate 2014-2018	Age-Adjusted Death Rate 2014-2018	
Lenoir County	13	23.2	47	16.4	15.0	
North Carolina	1,591	15.3	7,553	14.9	14.5	

https://schs.dph.ncdhhs.gov/data/vital/lcd/2018/motorvehicle.html

Table 27. Crime Rate per 100,000 persons, Lenoir County and North Carolina (2018)								
·		Violent	Crime Rate	Property Crime Rate				
County/State	Murder	Rape	Robbery	Agg Assault	Burglary	Larceny	MVT	
North Carolina		3.	56.6	2,406.6				
	5.8	23.7	77.1	250.0	577.4	1,667.2	162.0	
Lenoir County	490.9				2,901.5			

^{&#}x27;-' indicates missing data for full 12-month period for over 50 percent of the county population for 2017 and 2018

http://ncsbi.gov/Services/SBI-Statistics/SBI-Uniform-Crime-Reports/2018-Annual-Summary.aspx

Table 28. Poisoning Mortality Rates per 100,000 North Carolina Resident Deaths, Lenoir
County and North Carolina (2015-2019)

County and North Caronna (2012 2013)								
County of Residence	Total Deaths	Population Estimate	Crude Rate	Age- Adjusted Rate				
North Carolina	9,367	51,324,366	18.25	18.80				
Lenoir County	43	286,135	15.03	15.50				

N.C. State Center for Health Statistics. (2015-2019). Poisoning Mortality Rates (per 100,000) 2015-2019 North Carolina Resident Deaths.

Table 29. Poisoning Mortality Rates by Race/Ethnicity per 100,000 North Carolina Resident Deaths (2019)

Race/Ethnicity	Total Deaths	Population Estimate	Crude Rate	Age-Adjusted Rate
White, non-Hispanic	1,667	6,668,532	25.00	26.60
Black, non-Hispanic	349	2,320,112	15.04	15.20
American Indian, non-Hispanic	55	124,642	44.13	47.10
Other, non-Hispanic	15	348,968	4.30	3.90
Hispanic	62	1,025,830	6.04	6.50
North Carolina Total	2,148	10,488,084	20.48	21.20

Table 29. Poisoning Mortality Rates by Race/Ethnicity per 100,000 North Carolina Resident
Deaths (2019)

	Total Deaths	Population	Crude	Age-Adjusted Rate
Race/Ethnicity	Total Deatils	Estimate	Rate	Age-Aujusteu Nate

Source: N.C. State Center for Health Statistics. (2019). Poisoning Mortality Rates (per 100,000) by Race/Ethnicity 2019 North Carolina Resident Deaths.

Table 30. Poisoning Mortality Rates by Sex 2019 per 100,000 North Carolina Resident Deaths (2019)

Gender	Total Deaths	Population Estimate	Crude Rate	Age-Adjusted Rate
Male	1,485	5,100,264	29.12	30.00
Female	663	5,387,820	12.31	12.70
North Carolina Total	2,148	10,488,084	20.48	21.20

Source: N.C. State Center for Health Statistics. (2019). Poisoning Mortality Rates (per 100,000) by Sex 2019 North Carolina Resident Deaths.

Image 1. 2019 BRFSS Survey Results: North Carolina Regions Hypertension Awareness

	Total		Yes		No			
	Respond. [^]	N	%	C.I.(95%)	N	%	C.I.(95%)	
North Carolina	4,266	1,674	35.1	33.5-36.8	2,592	64.9	63.2-66.5	
Medicaid Region 6	503	159	31.9	27.3-36.9	344	68.1	63.1-72.7	
GENDER								
Male	233	75	30.5	23.9-37.9	158	69.5	62.1-76.1	
Female	270	84	33.3	27.1-40.0	186	66.7	60.0-72.9	
RACE								
Non-Hispanic White	313	96	29.2	23.9-35.1	217	70.8	64.9-76.1	
Non-Hispanic Black	103	***	***	***	***	***	***	
Other	87	18	15.7	9.5-25.0	69	84.3	75.0-90.5	
AGE								
18-44	216	29	13.4	9.0-19.5	187	86.6	80.5-91.0	
45-64	179	72	42.6	34.1-51.5	107	57.4	48.5-65.9	
65+	98	***	***	***	***	***	***	

https://schs.dph.ncdhhs.gov/data/brfss/2019/nc/nccr/BPHIGH.html

Image 2. 2019 BRFSS Survey Results: North Carolina Regions Chronic Health Conditions: History of any cardiovascular diseases

	Total					No			
	Respond.^	N	%	C.I.(95%)	N	%	C.I.(95%)		
North Carolina	4,250	495	9.7	8.8-10.8	3,755	90.3	89.2-91.2		
Medicaid Region 6	507	29	5.6	3.8- 8.3	478	94.4	91.7-96.2		

https://schs.dph.ncdhhs.gov/data/brfss/2017/nc/nccr/cvdhist.html

Image 3. 2019 BRFSS Survey Results: North Carolina Regions Healthy Days: Frequent Mental Distress (within the past 30 days)

	Total		Yes	;	No			
	Respond. [^]	N	%	C.I.(95%)	N	%	C.I.(95%)	
North Carolina	4,214	532	13.8	12.5-15.1	3,682	86.2	84.9-87.5	
Medicaid Region 6	500	53	10.7	7.8-14.4	447	89.3	85.6-92.2	
GENDER								
Male	235	21	8.9	5.1-15.1	214	91.1	84.9-94.9	
Female	265	32	12.5	8.7-17.6	233	87.5	82.4-91.3	
RACE								
Non-Hispanic White	309	29	10.4	6.8-15.7	280	89.6	84.3-93.2	
Non-Hispanic Black	102	12	10.7	6.0-18.4	90	89.3	81.6-94.0	
Other	89	12	12.4	6.9-21.5	77	87.6	78.5-93.1	
AGE								
18-44	215	34	13.5	9.4-19.0	181	86.5	81.0-90.6	
45-64	178	15	12.3	6.4-22.1	163	87.7	77.9-93.6	
65+	97	***	***	***	93	96.1	89.0-98.7	

https://schs.dph.ncdhhs.gov/data/brfss/2019/region6/FMD.html

Image 4. All ages: Leading causes of Injury Death, Hospitalization, and Emergency Visits by County (2010-2013)

	Leading Causes of Injury Death All Ages: 2010 to 2013 LENOIR		Leading Causes of Injury Hospitalization** All Ages: 2010 to 2013 LENOIR			Leading Causes of Injury ED Visits** All Ages: 2010 to 2013 LENOIR			
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#	
1	MVT, Unintentional	40	1	Fall, Unintentional	810	1	Fall, Unintentional	8,263	
2	Poisoning, Unintentional	28	2	MVT, Unintentional	216	2	MVT, Unintentional	3,874	
3	Firearm, Assault; Fall, Unintentional	20	3	Unspecified, Unintentional	197	3	Unspecified, Unintentional	3,739	
4	Firearm. Self inflicted	19	4	Poisoning, Unintentional	115	4	Struck, Unintentional	3.036	
5	Suffocation, Unintentional	10	5	Poisoning, Self inflicted	83	5	Overexertion, Unintentional	3,031	
ı	Other	36		Other	466	1	Other	8,271	
TOTAL	-	173	TOTAL	-	1,887	TOTAL	-	30,214	

https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/FinalTop5TablesByCountyAllAges-2010-2013c.pdf

Image 5. Ages 0-18: Leading causes of Injury death, Hospitalization and ED Visits by County (2010-2013).

	Leading Causes of Injury Death Ages 0-18: 2010 to 2013 LENOIR		Lead	ling Causes of Injury Hospitaliza Ages 0-18: 2010 to 2013 LENOIR	tion**	Leading Causes of Injury ED Visits** Ages 0-18: 2010 to 2013 LENOIR			
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#	
1 2 3 4 5	MVT, Unintentional Firearm, Assault Suffocation, Unintentional; Firearm, Poisoning, Unintentional; Drowning, Other	5 3 2 1 0	1 2 3 4 5	MVT, Unintentional Fall, Unintentional Fire/Burn, Unintentional Poisoning, Self inflicted Other spec/class, Unintentional Other	28 19 14 13 12 54 140	1 2 3 4 5	Fall, Unintentional Struck, Unintentional MVT, Unintentional Unspecified, Unintentional Overexertion, Unintentional Other	1,944 1,296 628 571 498 2,341 7,278	

https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/FinalTop5TablesByCountyAges-0-18-2010-2013.pdf

Image 6. Ages 19-34: Leading causes of injury death, Hospitalization and ED Visits by County, (2010-2013).

	Leading Causes of Injury Death Ages 19-34: 2010 to 2013 LENOIR		Leading Causes of Injury Hospitalization** Ages 19-34: 2010 to 2013 LENOIR			Leading Causes of Injury ED Visits** Ages 19-34: 2010 to 2013 LENOIR			
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#	
1	MVT, Unintentional	14	1	MVT, Unintentional	61	1	MVT, Unintentional	1,316	
2	Firearm, Assault	9	2	Poisoning, Self inflicted	19	2	Fall, Unintentional	1,133	
3	Poisoning, Unintentional	4	3	Fall, Unintentional	15	3	Overexertion, Unintentional	1,039	
4	Unspecified, Assault; Suffocation,	1	4	Poisoning, Unintentional; Firearm,	14	4	Unspecified, Unintentional	1,031	
I		- 1	1	Other spec/class, Unintentional;	9	1	Struck, Unintentional	734	
5		- 1	5	Fire/Burn, Unintentional	- 1	5			
I	Other	0	1	Other	66	1	Other	2,414	
TOTAL	-	35	TOTAL	-	207	TOTAL	-	7,667	

https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/FinalTop5TablesByCountyAges-19-34-2010-2013.pdf

Image 7. Ages 35-64: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, (2010-2013)

	Leading Causes of Injury Death Ages 35-64: 2010 to 2013 LENOIR		Leading Causes of Injury Hospitalization** Ages 35-64: 2010 to 2013 LENOIR				Leading Causes of Injury ED Visits** Ages 35-64: 2010 to 2013 LENOIR			
Rank	Cause	#	Rank	Cause	#	Rank	Cause Cause	#		
1 2 3 4	Poisoning, Unintentional MVT, Unintentional Firearm, Self inflicted Firearm, Assault Suffocation, Unintentional; Suffocation, Self inflicted; Poisoning, Self inflicted; Natural/Environ, Unintentional; Fall, Unintentional	22 13 8 5 2	1 2 3 4 5	Fall, Unintentional MVT, Unintentional Unspecified, Unintentional Poisoning, Unintentional Poisoning, Self inflicted	203 84 70 62 46	1 2 3 4	Fall, Unintentional Unspecified, Unintentional MVT, Unintentional Overexertion, Unintentional Struck, Unintentional Other	2,462 1,649 1,493 1,289 751 2,738 10,382		

 $\frac{https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/FinalTop5TablesByCountyAges-35-64-2010-2013.pdf$

Image 8. Ages 65+: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visit by County, (2010-2013).

	Leading Causes of Injury Death Ages 65+: 2010 to 2013 LENOIR		Leading Causes of Injury Hospitalization** Ages 65+: 2010 to 2013 LENOIR			Leading Causes of Injury ED Visits** Ages 65+: 2010 to 2013 LENOIR			
Rank	Cause	#	Rank	Cause	#	Rank	C Cause	#	
1 2 3 4 5	Fall, Unintentional Firearm, Self inflicted MVT, Unintentional Unspecified, Unintentional Suffocation, Unintentional Other	18 9 8 6 5 9	1 2 3 4 5	Fall, Unintentional Unspecified, Unintentional MVT, Unintentional Poisoning, Unintentional Other spec/class, Unintentional Other	573 109 35 33 31 78 859	1 2 3 4 5	Fall, Unintentional Unspecified, Unintentional MVT, Unintentional Struck, Unintentional Cut/pierce, Unintentional Other	2,671 436 294 194 142 590 4,327	

 $\underline{https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/FinalTop5TablesByCountyAges-65Plus-2010-\underline{2013.pdf}$

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Appendix E. Health Department Programs and Services

ADULT HEALTH – serve males and females age 21 and older.

- 1. Pap and breast exams.
- 2. BCCCP (Breast and Cervical Cancer Control Program) provide exams and schedule mammograms if financially eligible.
- 3. Blood pressure screening.
- 4. Diabetes screening.

ANIMAL CONTROL

- 1. Enforce local animal control ordinances.
- 2. Coordinate rabies vaccination clinics in Lenoir County.

CHILD HEALTH – serves individuals from birth to 21 years of age.

- 1. Routine child health screens and well child exam through age 21.
- 2. Assist with Immunizations and ensure children in day care setting meet immunization requirements.
- 3. Screen and refer for lead poisoning, speech, hearing, vision and developmental disorders.
- 4. Provide intervention in the event of a communicable disease in the school setting.
- 5. Provide follow-up for children with elevated blood lead levels.
- 6. Serves as resource to the community and school system for health care and health care problems.
- 7. Care Coordination for Children (CC4C).

ENVIRONMENTAL HEALTH

- 1. Permit/Inspect/Grade of food & lodging establishments, child day care, and institutional facilities.
- 2. Site evaluations, septic tank permits, and inspections of septic tank installations.
- 3. Water analysis and well inspections.
- 4. Lead investigation in conjunction with Child Health Clinic.
- 5. Permit & inspections of public swimming pools and tattoo artists/establishments.
- 6. Complaint investigations.

FAMILY PLANNING – serves females of childbearing age and males 19-60 years of age.

- 1. Complete physical exam, history, screening and referral for cancer, and STI screening and treatment.
- 2. Birth control supplies.

HEALTH EDUCATION

- 1. Provide health education, counseling and literature upon request.
- 2. Promote community programs on specific health topics.
- 3. Maintain statistics regarding health-related issues in the community.

IMMUNIZATIONS

- 1. Offer adult and child immunizations including diphtheria, pertussis, tetanus, polio, HIB, Hepatitis A&B, Chicken Pox, MMR (measles, mumps, rubella), Prevnar, Menactra, Pneumonia & Influenza vaccines.
- 2. Provide FREE required immunizations to uninsured and Medicaid eligible children.
- 3. Member of the NC Immunization Registry (NCIR).

- 4. Track all 2 year olds associated with Lenoir County Health Department to ensure compliance of immunization schedule.
- 5. Provide onsite immunizations/vaccinations to businesses/agencies, for their convenience, upon request.
- 6. Provide training on the NCIR to local medical providers.
- 7. Serve as an immunization resource for the community.

LABORATORY

- 1. Medium complexity CLIA certified lab.
- 2. Provide lab services to clinic clients and accept referrals with physician order.
- 3. Additional services include pregnancy test, cholesterol and blood glucose screens.

MATERNAL HEALTH

1. Provide comprehensive and routine prenatal services to low/ moderate risk pregnant females.

PUBLIC HEALTH PREPAREDNESS & RESPONSE

- 1. Develop plans for public response to Biological or Chemical Terrorism, Natural Disasters and Pandemics.
- 2. Conduct exercises with other agencies (EMS, Law Enforcement, Fire & Rescue, Hospital, Schools, etc.) to ensure community preparedness.
- 3. Collaborate with State, Regional and Local agencies to reduce Public Health threats.
- 4. Provide agency and community education regarding preparation and safety measures related to biological or chemical terrorism, natural disasters, and pandemics.

SEXUALLY TRANSMITTED INFECTIONS (STI)

- 1. Detection and treatment of STI's to include testing for HIV.
- 2. Contact follow-up.

SOCIAL WORK

- 1. Pregnancy and parenting skills counseling.
- 2. Coordinate client involvement with community agencies to insure continuity and quality of care.
- 3. Provide case management services through Pregnancy Care Management Program.
- 4. Provide evaluation/counseling services for Maternity Clients of Lenoir County Health Department.

TUBERCULOSIS

- 1. Detection and treatment of tuberculosis (TB).
- 2. Schedule chest x-rays for clinic patients if indicated.
- 3. Provide tuberculin skin tests (PPD's).
- 4. Follow-up with abnormal hepatitis tests.
- 5. Education on communicable diseases to client, family, and community.
- 6. Provide follow-up of communicable diseases.
- 7. Complete and send report cards to the state for all communicable diseases.
- 8. Provide updated information to professionals and public on emerging diseases (SARS, smallpox, etc.).

VITAL RECORDS

Ensures that records or certificates of all births and deaths that occur in the county are properly filed with the local Register of Deeds.

WIC (WOMEN, INFANTS, AND CHILDREN)

- 1. A supplementary nutrition program serving pregnant, breast-feeding, or postpartum women, as well as infants and children under 5 years of age. Nutritional counseling is provided for all participants.
- 2. Provide breastfeeding education, breast pumps and peer support.